



Freedom

Girls Track & Field

2018-2019

1st Team All-Division

Student-Athlete Name	School	Year	Position
Katherine Muccio	Ridgewood	Senior	100m
Kayce Darby	Teaneck	Freshman	200m
Grace Smiechowski	Northern Highlands	Junior	400m
Camryn Wennersten	Ridgewood	Freshman	800m
Daisy Lilegren	Northern Highlands	Junior	1600m
Olivia Shatluck	Ridgewood	Freshman	3200m
Grace O'Shea	Ramapo	Senior	100HH
Victoria Purritano	Ridgewood	Senior	400H
Sophia Schwartz	Ramapo	Junior	4x400 Relay
Cortney Lander	Ramapo	Sophomore	4x400 Relay
Megan Schneider	Ramapo	Sophomore	4x400 Relay
Sophia Vernieri	Ramapo	Sophomore	4x400 Relay
Brynn Madonna	Northern Highlands	Sophomore	Shot Put
Morgan Micaleff	Northern Highlands	Senior	Discus
Ciara Emmanuel	Ridgewood	Senior	Javelin
Julia Morrone	Hackensack	Junior	Long Jump
Sara VandenAssem	Ridgewood	Junior	Triple Jump
Ellie Veenhof	Ridgewood	Junior	High Jump
Marisa DiGia	Old Tappan	Junior	Pole Vault

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Sophia Schwartz	Ramapo	Junior	100m
Taylor Newman	Old Tappan	Senior	200m
Sophia Vernieri	Ramapo	Sophomore	400m
Grace McCullough	Teaneck	Sophomore	800m
Cassie Keyes	Ridgewood	Senior	1600m
AnnaMarie Tretola	Ridgewood	Freshman	3200m
Virginia Morley	Ridgewood	Senior	110HH
Kyla Krawczyck	Northern Highlands	Junior	400IH
Mackenzie Burgoyne	Northern Highlands	-	4x400 Relay
Kyla Krawczyk	Northern Highlands	-	4x400 Relay
Grace Smiechowski	Northern Highlands	-	4x400 Relay
Hailey Pataki	Northern Highlands	-	4x400 Relay
Mackenzie Schiele	Hackensack	Junior	Shot Put
Faten Huzien	Ramapo	Junior	Discus
Gianna Saccoccio	Old Tappan	Junior	Javelin
Julia Powell	Old Tappan	Senior	Long Jump
Christina Hughes	Northern Highlands	Sophomore	Triple Jump
Lizzie Veenhoff	Ridgewood	Senior	High Jump
Nicoletta Venizelos	Ridgewood	Junior	Pole Vault

Honorable Mention All-Division

Student-Athlete Name	School	Year
Serena DeBenedetto	Old Tappan	Senior
Taylor Dolan	Old Tappan	Senior
Lily Williams	Ridgewood	Freshman
Lauren Judd	Ramapo	Junior
Samantha Secora	Ramapo	Senior
Trinity Tiwari	Teaneck	Senior
Kim Grullon	Hackensack	Sophomore
Caroline Shen	Paramus	Senior

Morgan Micallef	Northern Highlands	-
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Coach of the Year: Steve Opremcak **School:** _____

