

**NORTH JERSEY SUPER  
FOOTBALL CONFERENCE**



**FOOTBALL  
RULES and REGULATIONS**

**Ratified November 4, 2015**

# **North Jersey Super Football Conference Football Rules and Regulations**

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## **North Jersey Super Football Conference Rules and Regulations**

### **1. GOVERNANCE OF GAMES:**

NFHS Rules will govern all NJSFC games with NJSIAA modifications.

### **2. VOTING PROCEDURES:**

- a. Each member of the NJSFC shall have one vote regardless of the number of representatives from a school are present.
- b. All matters of these Rules and Regulations shall be decided by a vote of the majority of the votes cast by the membership present at the meeting, except as otherwise expressly required by any section in the Constitution and Bylaws.

### **3. OFFICIALS:**

- a. **Varsity Game** – There shall be a minimum of five (5) carded football officials.
- b. Officials are to be assigned by the Conference assignor.
- c. It is recommended that there be a carded official on the clock, which will be assigned by the Conference assignor.
- d. **Sub Varsity Game** – There shall be a minimum of three (3) officials assigned to each sub varsity game. Carded officials are recommended for sub varsity games.

### **4. ASSIGNOR OF OFFICIALS:**

- a. The NJSFC officials for Varsity games shall be assigned by the Conference assignor within the parameters of the Conference Bylaws, Article II, Section 5.
- b. Schools may have their lower level officials assigned by the assignor, but that is an independent decision by each school.
- c. The NJSFC assignor shall also be responsible for the assigning of the official game timer.

### **5. JERSEY COLORS:**

- a. Varsity Games - home teams shall wear dark jerseys and visiting teams shall wear white colored jerseys.
- b. Sub Varsity Games - teams shall wear the same color jerseys as the varsity

### **6. MEDICAL CARE FOR ALL GAMES:**

- a. No game may begin without medical coverage.
- b. It is further recommended that a Doctor be present, as well as a First Aid Squad Ambulance.

### **7. CHAIN CREW:**

For Varsity games: It is recommended that chain crews be officials or at a minimum, adults and shall wear uniformed vests.

### **8. DIVISION CHAMPIONSHIPS:**

- a. There shall be no playoff for divisional championships. Championships will be granted by the procedure of two (2) points for a win and one (1) point for a tie.
- b. There may be multiple champions.

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### **9. SCHEDULED STARTING TIMES:**

#### **a. Varsity Games**

- 1) Starting time is 1:00 PM on Saturday.
- 2) Thursday - Friday - Saturday evening starting time is 7:00 PM.
- 3) On SAT and ACT Saturday, starting time is 2:30 PM.
- 4) On SAT and ACT Friday evening prior to SAT Saturday, game time is 6:30 PM
- 5) Game times can be revised by mutual agreement.
- 6) Game time and sites used by multiple schools may be adjusted to fit the “overall” field schedule.

#### **b. Sub Varsity Games**

- 1) Freshman games on Friday are 4:15 PM (after daylight savings time 3:30 PM) and games on Saturday at 9:00 AM.
- 2) Junior Varsity games on Monday are 4:15 PM (after daylight savings time 3:30 PM)
- 3) Sophomore games on Thursday are 4:15 PM (after daylight savings time 3:30 PM)
- 4) Sub Varsity games shall be played at the opposite site of the varsity game.
- 5) Fields with lights may alter starting times.
- 6) Game times can be revised by mutual agreement.

### **10. LENGTH OF QUARTERS:**

- a. Varsity games shall be 12 minutes per quarter.
- b. Junior Varsity, Sophomore and Freshman games shall be 10 minutes per quarter.

### **11. USE OF PORTABLE LIGHTING:**

Schools wishing to use portable lighting for a night contest may do so by mutual agreement.

### **12. ROSTER INFORMATION:**

- a. Rosters shall be exchanged with opponent schools at the preseason coaches’ meeting.
- b. The players’ names shall be listed in sequence of number and shall contain the following information:
  - 1) Player’s name
  - 2) Class
  - 3) Height
  - 4) Weight
  - 5) Position
  - 6) Jersey number

### **13. GAME INFORMATION SHEET:**

- a. There shall be a standard Conference Game Day Information Sheet (included at the end of this document).
- b. The home team must forward forms at least ten (10) days prior to the scheduled game.
- c. Directors of Athletics are advised to forward the document to all levels of Football coaches, Band Directors and Cheerleading coaches.

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### **14. PRESS BOX:**

- a. Schools should provide a reasonable vantage point for the visiting school's game film photographer and visiting coaches.

### **15. FILM EXCHANGE AND SCOUTING PROCEDURES:**

- a. The football film exchange program is mandatory for all Conference schools and shall be with Hudl or similar technology.
- b. Hudl video, or that of similar technology, shall be used. Last two scrimmages and all games shall be required and each school will exchange all videos through the SFC database set up by HUDL or by request if HUDL is not available. You will receive up to all videos of your choice.
- c. Mandated that all sideline game films be exchanged between opponents.
- d. The videos will be the official school video and not a replacement of lesser quality.
- e. Live and video scouting of regular season games and scrimmages is permitted.
- f. All game film must be uploaded into the SFC Hudl pool within 12 hours of the completion of the game. Hudl will reboot the pool on Wednesday of each week; therefore, if you do not download your opponent's game/games by Wednesday, a direct exchange must be made.

For example: Team A plays Team B week 1  
Team C plays Team A week 8

If Team C wants Team A's week 1 game they would have to download it prior to Wednesday of week 2. If they do not do so and still want Team A's week 1 game a direct exchange would have to be arranged between said schools.

- g. Schools are permitted to get more videos of their opponent through exchange with other member school.
- h. End Zone filming is permitted.
- i. End Zone tape may be traded by mutual agreement.
- j. End Zone tape cannot be used for scouting purposes.
- k. Filming for scouting purposes must be from the sideline stands with a wide-angle cut.
- l. If VHS is used, the tape exchange must be brand new.
- m. The video exchange for early season games shall be that of your last two scrimmages

### **16. PREGAME WARM-UP:**

- a. The field shall be divided in half using the 50-yard marker as the dividing point.
- b. Each team shall go directly to and from their half of the field and shall refrain from running around or through their opponent's side of the field.
- c. The home team shall have the option to choose which half of the field they wish to use for pre-game warm up.
- d. That information shall be on the Game Day Sheet.

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### **17. PREGAME BAND PERFORMANCE:**

- a. To assure that the band and cheerleaders can start their performance in a timely fashion, the football teams, their support personnel and their equipment must clear the field for pre-game twenty-five (25) minutes prior to kick off.
- b. Visiting band's set up and performance shall not exceed fifteen (15) minutes.
- c. Visiting band must begin their performance no less than twenty (20) minutes prior to game time.
- d. Announcements should be read immediately as the band enters the field. Bands should not delay their performance to wait for announcements.
- e. Visiting cheerleaders shall immediately follow the band conclusion and the routine may not exceed two and one-half (2 ½) minutes.
- f. Teams return to the field five (5) minutes prior to game time and shall be present on field for National Anthem.
- g. Home team band shall be responsible for the National Anthem unless other arrangements have been made and are mutually agreed upon.

### **18. PREGAME ANNOUNCEMENT:**

The NJSFC's pregame announcement shall be read pregame and can be located at the end of this document.

### **19. HALFTIME BAND AND CHEERLEADERS' PERFORMANCE:**

- a. Halftime shall be twenty (20) minutes except for special circumstance.
- b. To assure that the band and cheerleaders can start their performance in a timely fashion, the football teams, their support personnel and their equipment must clear the field at halftime as expeditiously as possible.
- c. The scoreboard clock should be set to run for twenty (20) minutes and begin running after the last player exits the field.
- d. Announcements should be read immediately as the band enters the field. Bands should not delay their performance to wait for announcements.
- e. The home team band's performance shall not exceed fifteen (15) minutes.
- f. Home team cheerleaders shall immediately follow the band conclusion and the routine may not exceed two and one-half (2 ½) minutes.
- g. An additional three (3) minutes will be provided for warm-ups once teams re-enter the field.
- h. Home team has the halftime performance followed by the cheerleaders.

### **20. BANDS:**

- a. With both team's bands present, the visiting band shall play in the stands in-between the first and second quarters and the home band will play in the stands between the third and fourth quarters.
- b. The home team band director should contact the visiting band director on Monday of game week to confirm all details.
- c. The home team shall save a reserved section in the grandstands for the visiting band through the communication of the home band director.
- d. If revisions are made to the existing polices, the Directors of Athletics must be notified.

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### **21. ADMISSION FEES:**

- a. General admission is established at \$4.00 (Adults) and \$2.00 (Students and Senior Citizens) unless mutually agreed upon.
- b. These fees shall govern only games that have two (2) NJSFC schools involved.
- c. If advance ticket sales are going to be held, the visiting school for that contest must also be given the opportunity to also hold advance ticket sales by the home school at the visiting school (so that visiting fans do not have to travel to the home school to purchase tickets) for that contest during the same time frame.

### **22. CONFERENCE COMPLIMENTARY PASSES:**

- a. The NJSFC shall have complimentary passes and shall be responsible for the ordering and distribution of said passes.
- b. Only NJSFC passes shall be honored for complimentary admission for NJSFC games.
- c. NJSFC passes should ALWAYS be honored at NJSFC Football games unless a facility has reached capacity.
- d. Scouting personnel must have NJSFC passes for complimentary admission.
- e. Each school will receive 50 NJSFC passes.

### **23. MUTUAL AGREEMENT:**

- a. Schools can mutually agree to drop or not play Conference scheduled games arranged across or outside of their divisions (crossover games).
- b. Divisional crossover games can only be dropped by mutual agreement of the competing schools. If the game is not played and there is not mutual agreement to drop the game, it will be pursued as a forfeit victory for the non-offending school with the NJSIAA by the Conference Executive Board.
- c. The NJSFC Executive Board shall address the circumstances of the forfeit and retains the right to impose penalties in concert with, but not limited to, the NJSFC Bylaws, Article XI, Penalties and those under section 31 FORFEITURES of the NJSFC Rules and Regulations.
- d. While it is possible for scheduled opponents to drop crossover games (games that are not scheduled within the division and cross divisions) by mutual agreement of the competing schools, schools shall also be permitted to drop games within the same division only under the conditions as described in Article VIII, Section 10 of the NJSFC Bylaws.

### **24. PRE AND POST SEASON COACHES MEETINGS:**

- a. There will be two (2) mandatory coaches meetings conducted.
- b. The preseason meeting will be conducted on the last week in August. Main purposes are clarification of new rules and review of NJSFC policies.
- c. The postseason meeting will be conducted on the week following Thanksgiving. Main purpose is for the selection of All Division teams.

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### 25. ALL DIVISION AWARDS AND SELECTION PROCESS:

The awards for All Division selections shall be players in the individual divisions within the divisions. The awards are as follows:

- a. Divisional Championship - Plaque
- b. All Division selection - Certificates of which all three (3) teams shall be different in nature.

The selection process shall be as follows:

- a. Division Commissioners will conduct meetings.
- b. All coaches shall complete a Conference statistics form containing Conference statistics for their nominees. They shall make enough copies for all coaches in their division for distribution at the meeting.
- c. Selections should not be determined only on the statistics.
- d. If coaches are not in attendance, the student athletes will still be nominated and voted on by the coaches in attendance. A coach's absence should have no affect on the vote of their student athlete in the selection process.
- e. An open ballot may be used at the discretion of the Division Commissioner. However, all ties go to a closed ballot first and if no results, the decision will be deferred to the Division Commissioner.
- f. A coach may vote for a player from his/her team.
- g. The 'OPEN' positions on both the 1<sup>st</sup> and 2<sup>nd</sup> Teams are not to be designated positions. They are to be filled by the next most deserving players for whatever reasons determined.
- h. There will be no pre-determined spots awarded to players based on their respective team's final standings.
- i. A player must be in good standing as a member of the team to be considered as an All-Division selection.

The number of awards for each team selections is as follows:

- a. First Team Offense (15):  
1 Tight End - 2 Wide Receivers - 2 Guards - 2 Tackles - 1 Center - 3 Running Backs - 2 Quarterbacks - 1 Place Kicker - 1 "Open Position"
- b. Second Team Offense (12):  
1 Tight End - 1 Wide Receiver - 2 Guards - 2 Tackles - 1 Center - 2 Running Backs - 1 Quarterback - 1 Place Kicker - 1 "Open Position"
- c. First Team Defense (15):  
5 Linemen - 4 Line Backers - 3 Defensive Backs - 1 Kick Returner - 1 Punter - 1 "Open Position"
- d. Second Team Defense (13):  
4 Linemen - 3 Line Backers - 3 Defensive Backs - 1 Kick Returner - 1 Punter - 1 "Open Position"
- e. Honorable Mention shall be a maximum of one (1) per school.



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### **26. POSTPONED GAMES AND THEIR RESCHEDULING PROCEDURES:**

- a. If a game needs to be postponed, the contact of the visiting school should be made no less than three (3) hours prior to game time.
- b. No game may be played after Tuesday (after Monday if next game is Friday).
- c. The reschedule shall follow the sequence listed below:
  - 1) Friday Game: shall be rescheduled to Saturday at the original site.
  - 2) Saturday Game: shall be rescheduled to Sunday at the original site, no earlier than 1:30 PM
  - 3) If game cannot be played on Sunday, it shall be rescheduled to Monday, no earlier than 3:00 PM.
  - 4) At this point on Sunday (if a team has a Friday game), contingency plans should be made for Monday and/or Tuesday game to be played at another site if original site is unplayable.
  - 5) If the game cannot be played on Monday, it shall be rescheduled to Tuesday, see above, no later than 3:00 PM.
  - 6) At this point on Monday, contingency plans should be made, if not already made on Sunday, for Tuesday's game to be played at another site if the original site is unplayable.
  - 7) If the field is not playable on Tuesday, refer to the arrangements that were made on Monday for another site for the game to be played on Tuesday, no later than 3:00 PM.
  - 8) Preference is to be able to play the rescheduled game no later than Monday and must not be played after Tuesday unless teams have no games the following week.
  - 9) During the rescheduling of games Athletic Directors must keep in mind the spirit of the rule is not to reschedule for athletic advantage.

### **27. COACHES' RESPONSIBILITY IN MISMATCHED GAMES:**

Coaches should take every possible measure to prevent running up scores or embarrassing opponents.

### **28. SUSPENDED GAME PROCEDURES:**

These are the adopted guidelines for suspended Football games of the NJSFC.

- a. If both schools agree, the game will be a completed game.
- b. If game must be continued from the point of interruption, it must be played no later than Tuesday of the following week.
- c. If the game is to be played at point of interruption, both teams must agree on the circumstances that existed at point of interruption.
- d. If the point difference is twenty-two (22) points or more, the game shall be a completed game regardless of the point of interruption.
- e. If the interrupted game has completed three (3) quarters the game shall be a complete game.
- f. If the game is interrupted after the completion of the first half and the point difference is fifteen (15) or more points, the game shall be a completed game.
- g. All other games, except as provided in will be continued from the point of interruption no later than Tuesday of the following week. If the schools cannot agree on the date, the game will be continued on the Monday following the game at 3:00 PM.
- h. Whenever it is not considered prudent to complete the interrupted game, the NJSFC Executive Board will have the authority to rule on the status of the game.

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### **29. PROCEDURES IN EVENT OF LIGHTNING:**

Termination or temporary suspension must always take place when an electrical storm is imminent. The decision to terminate or suspend a game/event when an electrical storm is imminent may be made by the host school, site manager and/or officials. If a site has an early warning detection system, the game/event shall be immediately halted upon the warning.

### **30. PROCEDURE BEFORE A GAME IS TERMINATED:**

- a. The host school or site manager has full responsibility for determining whether or not conditions are such as to postpone or start a game/event.
- b. Schools must know that once a game/event has started, it is not the prerogative of a coach or school management, and the action of removing a team from the event prior to the conclusion of the game/event, regardless of the circumstances, will result in severe punitive action by the NJSFC and NJSIAA.

The officials should implement the following procedures prior to termination of the event:

- a. Coaches and/or players should be penalized for misconduct as provided for in the playing rules.
- b. Continued misconduct should result in the coaches of the teams being advised to correct the situation or be faced with possible termination of the event.
- c. Officials should confer and, if they consider the circumstances warrant, teams should be directed to their respective bench areas while the coaches, Athletic Directors and site managers discuss, in the center of the playing area or in a private area, an attempt to restore control of their teams and/or spectators.
- d. When it is apparent to the game officials and the game administration that to continue the event would present a clear and present danger to the safety and welfare of any party, the event should be terminated and the head coaches advised accordingly. This should not be a unilateral decision; however, if the responsibility parties are unable or unwilling to control their teams and/or spectators, the officials must inform the head coaches of the teams that the game is terminated.
- e. Officials must not rule on forfeiture of any prematurely terminated events; only the NJSFC and/or NJSIAA have the jurisdiction to determine forfeits. The NJSFC will rule on forfeiture.

## **North Jersey Super Football Conference Rules and Regulations**

### **31. FORFEITURES:**

The procedure for awarding forfeitures is as follows:

When a forfeit win is awarded a school due to the termination of their opponent's football program the following shall be the process to be adhered to:

- a. The affected school has the option of accepting the forfeit win.
- b. Playing a game with another school with the results of the newly scheduled school being the official game for power-ranking purposes.

As per the NJSIAA Article 27 of the football rules and regulations the following procedures will be adhered to:

In the event that a school forfeits for a reason other than the termination of their program, they may be subject to but not limited to the following sanctions:

- a. The forfeit must be awarded first by the NJSFC Executive Board.
- b. A fine may be assessed not to exceed \$1000.00.
- c. The fine would be put into a philanthropic fund to be used by the NJSFC for charitable purposes.
- d. School shall be ineligible for divisional championship.
- e. School shall be ineligible for post-season individual awards.
- f. Possible withholding of the NJSFC schedule for the following schedule cycle.
- g. Forfeits shall be requested in writing by the offending school and forwarded to the NJSFC President and be heard at the next Executive Board meeting.
- h. Under extenuating circumstances, when an immediate decision needs to be made, the President reserves the right to call an emergency hearing within 24 hours of the request.

### **32. DROPPED GAMES CRITERIA AND PROCEDURES:**

While it is possible for scheduled opponents to drop crossover games (games that are not scheduled within the division and cross divisions) by mutual agreement of the competing schools, schools shall also be permitted to drop games within the same division under the following conditions:

One school must accept the game as a loss on paper and the other team would receive a win on paper. This transaction will only be for calculating and recording divisional standings.

The dropped game does not count on team's regular season record, power point calculations or NJSIAA game totals as a win or loss since the game was not played.

The two schools must agree upon who will receive the win and loss.

Both schools must be able to schedule another opponent to take the place of the dropped game or the schools do not have to play a game if they so desire.

There are no limitations on the amount of games dropped by a school.

In order for the drop to be final, it must be by mutual consent.

The transaction must be reported to the Group Commissioner who will forward the information to the NJSFC Executive Board for final approval.

The deadline for notification and approval of mutually agreed divisional games to be dropped is prior to the last NJSFC Executive Board meeting of the school year prior to the season in which the originally scheduled game was to be played.

The NJSFC will grant final approval only if all of the conditions above are met.

**First Presentation 7/9/15**  
**Revisions made 7/9/15 - 10/28/15**  
**Ratified on November 4, 2015**  
**Revisions made 5/24/16**  
**Revisions made 8/9/16**  
**Revisions made 1/12/17**  
**Revision made 8/31/17**

# **NORTH JERSEY SUPER FOOTBALL CONFERENCE**



## **A T T A C H M E N T S**

### **North Jersey Super Football Conference Football Rules and Regulations**

#### **Attachment Table of Contents**

1. Pregame Announcement at Games Games
2. Game Day Information Sheet
3. All Division Selection Form Offense
4. All Division Selection Form Defense
5. Non-Contact Summer Period Pledge

**PREGAME ANNOUNCEMENT:**

**Good evening and welcome to \_\_\_\_\_ High School for tonight's North Jersey Super Football Conference contest between (visiting school) \_\_\_\_\_ High School and (home) \_\_\_\_\_ High School .**

**Tonight's contest is being conducted according to the rules of the New Jersey State High School Athletic Association. These rules provide for fair competition among players. Spectators can help promote good sportsmanship by observing the rules of fair play.**

**Any verbal, written, or physical conduct related to race, gender, ethnicity, disability, sexual orientation or religion shall not be tolerated, could**

**subject the violator to ejection, and may result in penalties being assessed against your team.**

**Every one is requested to take personal responsibility for keeping this competition at a high level of good sportsmanship.**

**In order for this event to be fairly contested, it is expected that you will demonstrate good sportsmanship and that you will do nothing to jeopardize the safety or comfort of the players, coaches, officials or other spectators.**

**All of the high school student-athletes competing today deserve the respect of everyone in attendance. Inability to comply with these simple requests will cause you to lose the privilege of watching this game.**

**\_\_\_\_\_ High School has a lightning detecting system. If the system does go off you are requested to leave the field and seek shelter in your automobiles or our main gymnasium. Players will be escorted to the locker rooms. You will be informed as to when to return to the field.**

**Thank you for your anticipated cooperation and for making this an enjoyable competitive experience for all.**

**NJSFC GAME INFORMATION SHEET**

Home team:	Visiting team:	
Date of game:	Site:	Game time:
Site manager:	Site manager cell:	
Director of Athletics:	Home:	Cell:
Jersey Colors: (Home): Dark	(Visitors): White	

~~~~~  
**POSTPONEMENT:** You will be notified of any change in the normal procedure by no less than three (3) hours prior to game time.

**FIELD/TURF REGULATIONS:** No metal cleats. No gum or sunflower seeds. All plastic bottles must stay off the turf. Sports drinks must remain in containers/coolers and may not be dumped on turf field or track.

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**Cheer/Marching Unit Information**

Area for disembarkation:  
Parking area for Disembark and Loading:  
Reserved seating for band:

Home Band Director:

Home Cheer Director:

**Team Information**

Area for disembarkation:

Parking area for Disembark and Post Game Loading:

Park Buses:

**Locker Room Facilities:**

**Warm-up Area:** Home team will utilize the \_\_\_\_\_ end of the field. Both teams clear field 25 minutes prior to kick off time.

**Press Box:** Both teams will have access to the press box for coaches and cameraman.

**Visiting Cheer/Band Pregame Information**

Teams will leave field 25 minutes prior to game time. Band must immediately set up and begin performance no less than 20 minutes prior to game time. Performance not to exceed 15 minutes.

Visiting cheerleaders shall immediately follow the band conclusion and the routine may not exceed two and one-half (2½) minutes.

**Home Cheer/Band Halftime Information**

Halftime shall be twenty (20) minutes except for special circumstance. The home team band's performance shall not exceed fifteen (15) minutes.

Home team cheerleaders shall immediately follow the band conclusion and the routine may not exceed two and one-half (2½) minutes.

Home team responsible for National Anthem unless other arrangements by mutual agreement.

**Half time arrangements:**

**Special Instructions:** (Example) Senior Night- seniors will be paraded out at 6:45

**Sub Varsity Information (Game Jerseys for the following games shall be same as Varsity)**

JV game at:

On: Monday

At:

Frosh game at:

On: Saturday

At:

~~~~~  
Changes in Pregame or Halftime due to special events must be outlined on this information sheet. Copies of information sheet should go to the Head Football Coach, Cheer Coach and Band Director.



**ALL DIVISION SELECTIONS FORM**

This form is to be completed by the NJSFC Division Commissioners and e-mailed to Ron San Fillipo at [ronaldsanfillipo@comcast.net](mailto:ronaldsanfillipo@comcast.net) and your Group Commissioner at the conclusion of the selection process. \*\*\*Coaches should refrain from nominating more than the sport's actual number of starting players\*\*\*

|                                |                 |
|--------------------------------|-----------------|
| <b>Sport: Football Offense</b> | <b>Year: 20</b> |
|--------------------------------|-----------------|

Selection of All-Division Teams - All-Division Teams will be selected in each division in compliance with the following procedure: (Approved November 4, 2015)

1. Division Commissioners will conduct meetings.



2. All coaches shall complete a Conference statistics form containing Conference statistics for their nominees. 3. They shall make enough copies for all coaches in their division for distribution at the meeting.
4. Selections should not be determined only on the statistics.
5. If coaches are not in attendance, the student athletes will still be nominated and voted on by the coaches in attendance. A coach's absence should have no affect on the vote of their student athlete in the selection process.
6. An open ballot may be used at the discretion of the Division Commissioner. However, all ties go to a closed ballot first and if no results, the decision will be deferred to the Division Commissioner.
7. A coach may vote for a player from his/her team.
8. The 'OPEN' positions on both the 1<sup>st</sup> and 2<sup>nd</sup> Teams are not to be designated positions. They are to be filled by the next most deserving players for whatever reasons determined.
9. There will be no pre-determined spots awarded to players based on their respective team's final standings.
10. A player must be in good standing as a member of the team to be considered as an All-Division selection.

Schools that have not forwarded their EOS form will not be eligible to receive certificates and/or plaques.

**The number of awards for each division's All Offense selections is as follows:**

a. First Team Offense (15):

1 Tight End - 2 Wide Receivers - 2 Guards - 2 Tackles - 1 Center 3 Running Backs - 2 Quarterbacks - 1 Place Kicker - 1 "Open Position"

b. Second Team Offense (12):

1 Tight End - 1 Wide Receiver - 2 Guards - 2 Tackles - 1 Center - 2 Running Backs - 1 Quarterback - 1 Place Kicker - 1 "Open Position"

c. Honorable Mention shall be a maximum of one (1) per school.

|                  |
|------------------|
| <b>Division:</b> |
|------------------|

**FIRST TEAM:**

| Name (First Last) | School |
|-------------------|--------|
| 1.                |        |
| 2.                |        |
| 3.                |        |
| 4.                |        |
| 5.                |        |
| 6.                |        |
| 7.                |        |
| 8.                |        |
| 9.                |        |
| 10.               |        |
| 11.               |        |
| 12.               |        |

|     |  |
|-----|--|
| 13. |  |
| 14. |  |
| 15. |  |

**SECOND TEAM:**

| Name (First Last) | School |
|-------------------|--------|
| 1.                |        |
| 2.                |        |
| 3.                |        |
| 4.                |        |
| 5.                |        |
| 6.                |        |
| 7.                |        |
| 8.                |        |
| 9.                |        |
| 10.               |        |
| 11.               |        |
| 12.               |        |

**HONORABLE MENTION:**

| Name (First Last) | School |
|-------------------|--------|
| 1.                |        |
| 2.                |        |
| 3.                |        |
| 4.                |        |
| 5.                |        |
| 6.                |        |
| 7.                |        |
| 8.                |        |



**ALL DIVISION SELECTIONS FORM**

This form is to be completed by the NJSFC Division Commissioners and e-mailed to Ron San Fillipo at [ronaldsanfillipo@comcast.net](mailto:ronaldsanfillipo@comcast.net) and your Group Commissioner at the conclusion of the selection process. \*\*\*Coaches should refrain from nominating more than the sport's actual number of starting players\*\*\*

|                                |                 |
|--------------------------------|-----------------|
| <b>Sport: Football Defense</b> | <b>Year: 20</b> |
|--------------------------------|-----------------|

Selection of All-Division Teams - All-Division Teams will be selected in each division in compliance with the following procedure: (Approved November 4, 2015)

1. Division Commissioners will conduct meetings.

2. All coaches shall complete a Conference statistics form containing Conference statistics for their nominees. 3. They shall make enough copies for all coaches in their division for distribution at the meeting.
4. Selections should not be determined only on the statistics.
5. If coaches are not in attendance, the student athletes will still be nominated and voted on by the coaches in attendance. A coach's absence should have no affect on the vote of their student athlete in the selection process.
6. An open ballot may be used at the discretion of the Division Commissioner. However, all ties go to a closed ballot first and if no results, the decision will be deferred to the Division Commissioner.
7. A coach may vote for a player from his/her team.
8. The 'OPEN' positions on both the 1<sup>st</sup> and 2<sup>nd</sup> Teams are not to be designated positions. They are to be filled by the next most deserving players for whatever reasons determined.
9. There will be no pre-determined spots awarded to players based on their respective team's final standings.
10. A player must be in good standing as a member of the team to be considered as an All-Division selection.

Schools that have not forwarded their EOS form will not be eligible to receive certificates and/or plaque.

**The number of awards for each division's All Defense selections is as follows:**

a. First Team Defense (15):

5 Linemen - 4 Line Backers - 3 Defensive Backs - 1 Kick Returner - 1 Punter -  
1 "Open Position"

b. Second Team Defense (13):

4 Linemen - 3 Line Backers - 3 Defensive Backs - 1 Kick Returner - 1 Punter -  
1 "Open Position"

c. Honorable Mention shall be a maximum of one (1) per school.

|                  |
|------------------|
| <b>Division:</b> |
|------------------|

**FIRST TEAM:**

| Name (First Last) | School |
|-------------------|--------|
| 1.                |        |
| 2.                |        |
| 3.                |        |
| 4.                |        |
| 5.                |        |
| 6.                |        |
| 7.                |        |
| 8.                |        |
| 9.                |        |
| 10.               |        |
| 11.               |        |
| 12.               |        |

|     |  |
|-----|--|
| 13. |  |
| 14. |  |
| 15. |  |

**SECOND TEAM:**

| Name (First Last) | School |
|-------------------|--------|
| 1.                |        |
| 2.                |        |
| 3.                |        |
| 4.                |        |
| 5.                |        |
| 6.                |        |
| 7.                |        |
| 8.                |        |
| 9.                |        |
| 10.               |        |
| 11.               |        |
| 12.               |        |
| 13.               |        |

**HONORABLE MENTION:**

| Name (First Last) | School |
|-------------------|--------|
| 1.                |        |
| 2.                |        |
| 3.                |        |
| 4.                |        |
| 5.                |        |
| 6.                |        |
| 7.                |        |
| 8.                |        |

**(Approved 12/18/15 by Executive Board)**

**North Jersey Super Football Conference** ***NJSFC***

**2016 Football Non-Contact Summer Period Program**

**Overview**

The North Jersey Super Football Conference believes that in order to make our sport more enjoyable and rewarding for all - a paradigm shift in the way we coach and approach the game must occur.

We will begin by returning a portion of the summer back to our families within our communities. Beginning in the summer of 2016, the program is mandated and we will hopefully help reinstate the summer family vacation. High School summer practice sessions, which have become more and more intrusive on our families over the years, will now shut down for nine (9) straight days. Coaches will NOT be permitted to work with their players in Football related activities during this time period. The Non-Contact Period will also prohibit, but not be limited to; coach led conditioning, weight training and film review sessions. All levels of Football sponsored by they

NJSFC will adhere to the Non-Contact Period Program. It is our goal to give families the opportunity, once again, to plan and enjoy a summer vacation.

### **Procedures**

1. The NJSFC shall require each member school to abide with the **Non-Contact Period** between their coaching staffs and their student-athletes. The window of opportunity shall be from the conclusion of the school year except if the school year concludes prior to the last NJSIAA Championship Event. For those schools concluding the school year prior to the last NJSIAA Championship Event, the date would be after the conclusion of the NJSIAA Championship Events. The Non-Contact Period has been determined to provide a minimum of nine (9) consecutive days and shall be from a Saturday to the following Sunday. Specifically, coaches shall not be permitted to work with their players in Football related activities on or off the school grounds. This includes, but not limited to; coach led conditioning, weight training and film review session. For the safety and welfare of their students, Athletic Directors may feel it is necessary to keep their schools open during their declared **Non-Contact Period**. This will be permitted providing their students are not involved in coach led Football related activities.
2. Member schools shall declare this minimum nine (9) day period prior to or on June 1, 2016 to the NJSFC Executive Secretary via completion and the forwarding of the 2016 Summer Non-Contact Pledge Form.
3. This information will be made available on the NJSFC website, when available, and should be posted on each member school's athletic department website.

### **Violations Reporting Procedure**

Violations of the Conference summer non-contact period should be reported to a member of the NJSFC Executive Board by a NJSFC member school Athletic Director. Reports from any other parties will not be honored.

### **Penalties for Violations**

Violations will be heard by the Controversies, Ethics and Sportsmanship Committee (CESC) and may result in penalties approved in the NJSFC Constitution and Bylaws.

## **North Jersey Super Football Conference *NJSFC***

### **2016 Football Non-Contact Summer Period Program Pledge**

Please complete the following pledge. Your typed in "signatures" are valid as certified signatures in accordance with NJSFC policies.

We, the undersigned below, have read the 2016 Summer Football Non-Contact Period Procedures and understand the program's procedures and potential penalties. We are aware of the deadline for submission of this form to be prior to or on June 1, 2016. Our typed in signatures certifies our pledge.

### **North Jersey Super Football Conference Summer Non-Contact Period Pledge**

\_\_\_\_\_  
(School) understands and agrees

to abide by the 2016 NJSFC Summer Non-Contact Period Procedures, which is established under separate cover.

**Declaration of NJSFC Summer Non-Contact Period**

Our NJSFC Summer Non-Contact Period for 2016 shall be for the nine (9) day period of

\_\_\_\_\_.  
Dates

**Representing the aforementioned stated school:**

\_\_\_\_\_  
**Principal**

\_\_\_\_\_  
**Director of Athletics**

\_\_\_\_\_  
**Date**

Please forward the completed form as an email document to Ron San Filippo, NJSFC Executive Secretary at [ronaldsanfillipo@comcast.net](mailto:ronaldsanfillipo@comcast.net)

**Review for 2016**

The NJSFC Executive Board will review this program prior to January 2017.

Approved 12/18/15