



Independence
Girls Track & Field
2023-2024

1st Team All-Division

Student-Athlete Name	School	Year	Position
Alyssa Chan	Wayne Hills	Junior	100M
Ava Maher	Wayne Falley	Senior	400M
Kara Langbaum	Wayne Hills	Senior	1600M
McKenzie Moore	Wayne Hills	Junior	110H/100H
Alexa Goll	Lakeland	Senior	400M
Payton Dubanowitz	Wayne Hills	Junior	800M
De Zyah Carswell	Passaic Valley	Junior	200M
Ciara Clinton	West Milford	-	3200M
Ava Maher	Wayne Valley	Senior	4x400M Relay
Sara Paul	Wayne Valley	Senior	4x400M Relay
Athena Giotis	Wayne Valley	Junior	4x400M Relay
Rylyn Loffredo	Wayne Valley	Senior	4x400M Relay
Isabella Andriulli	Lakeland	Junior	Shot Put
Payton Lowenstein	West Milford	Freshman	Javelin
Elizabeth Dankwa	Wayne Hills	Junior	Discus
Athena Giotis	Wayne Valley	Junior	Triple Jump
Madison Friedeman	West Milford	Senior	Long Jump
Meghan Tomback	Wayne Valley	Senior	Pole Vault
Mackenzie Beazley	Passaic Valley	Junior	High Jump
Alayana Antonucci	Passaic Valley	Junior	

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Sara Paul	Wayne Valley	Senior	100M
Giuliana Antonucci	Passaic Valley	Junior	400H
Brenna Traverso	West Milford	Sophomore	1600M
Jaelynn Vivanco	Lakeland	Freshman	110H/100H
Ava Milevski	Wayne Hills	Senior	400M
Catherine Wiley	Lakeland	Junior	800M
Alise Pauksena	Wayne Hills	Junior	200M
Amanda Harvey	West Milford	Sophomore	3200M
Alexa Goll	Lakeland	Senior	4x400M Relay
Catherine Wiley	Lakeland	Junior	4x400M Relay
Elisabet Miles	Lakeland	Senior	4x400M Relay
Hope Walker	Lakeland	Sophomore	4x400M Relay
Thalia Bennett	Lakeland	Junior	Shot Put
Ashley White	Wayne Hills	Freshman	Javelin
Chloe Brijbag	West Milford	Senior	Discus
Laurel Space	West Milford	Junior	Triple Jump
Laiana Anderson	Lakeland	Junior	Long Jump
Kate Steinhart	Fair Lawn	Senior	Pole Vault
Christina Chen	Wayne Hills	Senior	High Jump
Hope Walker	Lakeland	Sophomore	All Around

Honorable Mention All-Division

Student-Athlete Name	School	Year
Sophia Inoa	Fair Lawn	Junior
Kayla Barnhardt	Lakeland	Senior
Alina Ferguson	Passaic Valley	Sophomore
Olivia Galambos	Wayne Hills	Senior
Keira Cicchetti	Wayne Valley	Junior
Lauren Frey	West Milford	Junior

Coach of the Year: Christina Caamano **School:** Wayne Hills

