



**Liberty**  
**Girls Track & Field**  
**2023-2024**

**1st Team All-Division**

Student-Athlete Name	School	Year	Position
Casey Noonan	PCTI	Junior	400 Hurdles
Hailey Mieses	PCTI	Senior	100M Dash
Isabella Marinaccio	Bergen Tech	Sophomore	1600M Run
Mikayla Vigilanti	Bergen Tech	Sophomore	400M Dash
Jahzara Mclean Abdullah	PCTI	Sophomore	100 Hurdles
Mia De Vita	Clifton	Junior	800M Dash
Chloe Bergman	Bergen Tech	Freshman	200M Dash
Jasmin Silva Vargas	Passaic	Senior	3200M Run
Casey Noonan	PCTI	Junior	1600M Relay
Amirah Powell	PCTI	Senior	1600M Relay
Jahzara Mclean Abdullah	PCTI	Sophomore	1600M Relay
Sydney Lalla	PCTI	Freshman	1600M Relay
Freja Jepsen	Bergen Tech	Freshman	Javelin
Helena Thompson	PCTI	Junior	Discus
Afua Anyadike	Bergen Tech	Sophomore	Shot
Isabella Formoso	Bergen Tech	Junior	Pole Vault
Miloida Hilaire	PCTI	Junior	High Jump
Calyse Villanueva	PCTI	Junior	Long Jump
Sofia Moino	PCTI	Junior	Triple Jump

**2nd Team All-Division**

Student-Athlete Name	School	Year	Position
Naomi Bekkerman	Bergen Tech	Junior	400 Hurdles
Tam'ra Smith	Eastside	Senior	100M Dash
Gianna Delgado	Clifton	Senior	1600M Run
Rosana Bogev	Clifton	Sophomore	400M Dash
Deborah Amoh	Clifton	Senior	100 Hurdles
Sierra Fisbeck	Clifton	Senior	800M Dash
Mikaella Francisco	Clifton	Sophomore	200M Dash
Viktoria Green	Clifton	Senior	3200M Run
Meleaka Perry	PCTI	Senior	Javelin
Cadence Hoogmoed	PCTI	Junior	Discus
Akyla Randolph	JFK	Junior	Shot
Cali Thompson	PCTI	Junior	Pole Vault
Ariyonna Williams	PCTI	Sophomore	High Jump
Sydney Lalla	PCTI	Freshman	Long Jump
Shawn DeLane	PCTI	Junior	Triple Jump

**Honorable Mention All-Division**

Student-Athlete Name	School	Year
Cadence Hoogmoed	PCTI	Junior
Amna Parvez	Bergen Tech	Sophomore
Mikaella Francisco	Clifton	Sophomore
Shalin Martinez	Eastside	Senior
Jocelyn Carbajal	Passaic	Senior

**Coach of the Year:** Tiffany Tookmanian **School:** \_\_\_\_\_

