



Freedom

Boys Bowling

2024

1st Team All-Division

| Student-Athlete Name | School | Year |
|----------------------|--------------------|-----------|
| Joe Parrilli | Hackensack | Junior |
| Gavin Fraiman | Ridgewood | Sophomore |
| Aidan Saslow | Ramapo | Junior |
| Jack Karam | Ridgewood | Senior |
| Mustafa Kamel | Ramapo | Junior |
| John James | Hackensack | Junior |
| Joshua Alvelo | Northern Highlands | Junior |

2nd Team All-Division

| Student-Athlete Name | School | Year |
|----------------------|--------------------|-----------|
| Sean Isler | Paramus | Junior |
| Kevin McAskin | Ridgewood | Senior |
| Harrison Shamansky | Northern Highlands | Sophomore |
| Dean Asplund | Northern Highlands | Sophomore |
| Matthew Cunningham | Ridgewood | Junior |
| Alex Weisinger | Paramus | Senior |
| Kieran Abbate | Northern Highlands | Senior |

Honorable Mention All-Division

| Student-Athlete Name | School | Year |
|----------------------|------------|-----------|
| Mike Rizzo | Hackensack | Senior |
| Joe Cafasso | Paramus | Junior |
| Landon Manteau | Ramapo | Junior |
| Michael Edmilao | Ridgewood | Sophomore |

Coch of the Year: Dick Bennett School: Ridgewood

