National



Boy Indoor Track & Field

2024

1st Team All-Division

Student-Athlete Name	School	Year	Position
Jimmy Hernandez	Bergenfield	Junior	3200M Run
Derek Coleman	Teaneck	Sophomore	3200M Relay
Courtney St. Prix	Teaneck	Senior	3200M Relay
Allen Britto	Teaneck	Junior	3200M Relay
Josh Tejada	Teaneck	Senior	3200M Relay
Adam Kaufman	Northern Valley Demarest	Junior	400M Dash
Luke Davis	Northern Valley Demarest	Junior	800M Dash
Aaron Cruz	Bergenfield	Senior	200M Dash
Patrick Kurtz	Pascack Valley	Senior	1600M Run
Irasel Sawyers	Bergenfield	-	1600M Relay
Marcus Knowles	Bergenfield	-	1600M Relay
Aaron Cruz	Bergenfield	-	1600M Relay
Julian Batista	Bergenfield	-	1600M Relay
Lawrence Day	Teaneck	Senior	55M Hurdles
Joshua Williams	Teaneck	Sophomore	55M Dash
Jack Small	Northern Valley Old Tappan	Senior	Shot Put
Alan Villavincencio	Tenafly	Junior	Pole Vault
Anand Vaghasia	Northern Valley Old Tappan	Sophomore	High Jump
Liam Paneque	Northern Valley Demarest	Junior	Long Jump
Marcus Knowles	Bergenfield	Senior	Goran Saric
Goran Saric	Northern Valley Old Tappan	Senior	All Around

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Marcus Koshy	Pascack Valley	Sophomore	3200M Run
Amadeo Bonde	Northern Valley Demarest	-	3200M Relay
Alec Stratton	Northern Valley Demarest	-	3200M Relay
Ethan Park	Northern Valley Demarest	-	3200M Relay
Skye Lee	Northern Valley Demarest	-	3200M Relay
Michael Forde	Tenafly	Senior	400M Dash
Jason Enrile	Bergenfield	Sophomore	800M Dash
Aidan Nally	Northern Valley Old Tappan	Sophomore	200M Dash
Josh Tejada	Teaneck	Senior	1600M Run
Adam Kaufman	Northern Valley Demarest	-	1600M Relay
Ivan Timochko	Northern Valley Demarest	-	1600M Relay
Arda Karaburun	Northern Valley Demarest	-	1600M Relay
Max Gilbert	Northern Valley Demarest	-	1600M Relay
Ryan Yu	Northern Valley Demarest	Sophomore	55M Hurdles
Nick Glass	Northern Valley Demarest	Sophomore	55M Dash
Kendrick Mercredi	Northern Valley Old Tappan	Senior	Shot Put
Joon Daniel Park	Northern Valley Old Tappan	Sophomore	Pole Vault
Josh Wiliams	Teaneck	Sophomore	High Jump
Baxter Clark	Northern Valley Demarest	Junior	Long Jump
Irasel Sawyers	Bergenfield	Senior	Triple Jump

Honorable Mention All-Division

Student-Athlete Name	School	Year
Ben Johnson	Northern Valley Old Tappan	Sophomore
Lateef Boulware	Teaneck	Senior
Dylan DerSimonian	Pascack Valley	Senior
Corey Mueger	Bergenfield	Junior
Michael Forde	Tenafly	Senior
Enrico Parrella	Northern Valley Demarest	Senior
Matthew Renaghan	Northern Valley Old Tappan	Senior
Rakhshan Sayed	Teaneck	Junior

Tolu Bosede	Pascack Valley	Senior
Daniel Isaacs	Bergenfield	Senior
Ron Rozenthan	Northern Valley Demarest	Senior

Coach of the Year:	Michael Theuerkauf	School:	Northern Valley Demarest
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