



Independence
Girls Indoor Track & Field
2024

1st Team All-Division

Student-Athlete Name	School	Year	Position
Ciara Clinton	West Milford	Sophomore	3200M Run
Lauren Frey	West Milford	Sophomore	3200M Relay
Ciara Clinton	West Milford	Sophomore	3200M Relay
Brenna Traverso	West Milford	Sophomore	3200M Relay
Skyler Ribitzki	West Milford	Senior	3200M Relay
Alexa Goll	Lakeland	Senior	400M Dash
Kara Langbaum	Wayne Hills	Senior	800M Dash
De Zyah Carswell	Passaic Valley	Junior	200M Dash
Payton Dubanowitz	Wayne Hills	Junior	1600M Run
Alayna Antonucci	Passaic Valley	Junior	1600M Relay
De Zyah Carswell	Passaic Valley	Junior	1600M Relay
Mackenzie Beasley	Passaic Valley	Junior	1600M Relay
Giuliana Antonucci	Passaic Valley	Junior	1600M Relay
Ava Maher	Wayne Valley	Senior	55M Hurdles
Alyssa Chan	Wayne Hills	Junior	55M Dash
Elizabeth Dankwa	Wayne Hills	Junior	Shot Put
Meghan Tomback	Wayne Valley	Senior	Pole Vault
Mackenzie Beasley	Passaic Valley	Junior	High Jump
Laiana Anderson	Lakeland	Junior	Long Jump
Brianna Rodriguez	Lakeland	Junior	Madison Freidman
Madison Freidman	West Milford	Senior	All Around

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Kayla Barnhardt	Lakeland	Senior	3200M Run
Gicela Cruz	Lakeland	Senior	3200M Relay
Hope Walker	Lakeland	Sophomore	3200M Relay
Katrina Zahr	Lakeland	Freshman	3200M Relay
Jaelynn Vivanco	Lakeland	Freshman	3200M Relay
Catharine Wiley	Lakeland	Junior	400M Dash
Rylyn Loffredo	Wayne Valley	Senior	800M Dash
Ella Wiskidensky	Fair Lawn	Junior	200M Dash
Brenna Traverso	West Milford	Sophomore	1600M Run
Athena Giotis	Wayne Valley	Junior	1600M Relay
Ava Maher	Wayne Valley	Senior	1600M Relay
Kayla Wolfsohn	Wayne Valley	Junior	1600M Relay
Sara Paul	Wayne Valley	Senior	1600M Relay
McKenzie Moore	Wayne Hills	Junior	55M Hurdles
Abigail Choi	Fair Lawn	Senior	55M Dash
Isabella Andriulli	Lakeland	Junior	Shot Put
Giuliana Antonucci	Passaic Valley	Junior	Pole Vault
Abigail McNamera	Wayne Valley	Senior	High Jump
Adelyn Smith	Lakeland	Sophomore	Long Jump
Athena Giotis	Wayne Valley	Junior	Triple Jump
Sara Paul	Wayne Valley	Senior	All Around

Honorable Mention All-Division

Student-Athlete Name	School	Year
Thalia Bennett	Lakeland	Junior
Sophia Inoa	Fair Lawn	Junior
Samantha Gutierrez	Passaic Valley	Senior
Keira Cicchetti	Wayne Valley	Junior
Ava Milevski	Wayne Hills	Senior
Chloe Brijbag	West Milford	Senior
Ashley Hammerle	Lakeland	Senior

Kate Steinhart	Fair Lawn	Senior
Rebecca Machado	Wayne Valley	Sophomore
Alise Pauksena	Wayne Hills	Junior
Olivia Brijbag	West Milford	Senior

Coach of the Year: Damiano Conforti **School:** Lakeland

