



**Freedom**  
**Girls Swimming & Diving**  
**2024**

**1st Team All-Division**

Student-Athlete Name	School	Year	Position
Esme Hendrikse, Kaitlin Dowling, Josie Marino, Isabel Lee,	RW		200 MED RELAY
Jessie Wolf	NH	Sophomore	200 FREE
Esme Hendrikse	RW	Junior	200 IM
Isabel Lee	RW	Senior	50 FREE
Gabriela Avila	FAIR LAWN	Senior	100 FLY
Niamh Murphy	RW	Junior	100 FREE
Olivia Lyons	FAIR LAWN	Junior	500 FREE
Emily Kalna, Niamh Murphy, Nichole Koltsov, Esme Hendrikse	RW	-	200 FREE RELAY
Kaitlin Dowling	RW	Junior	100 BACK
Josie Marino	RW	Sophomore	100 BREAST
Josie Marino, Isabel Lee, Niamh Murphy, Emily Kalna	RW	-	400 FREE RELAY
Leticia Laynez	HHS	Junior	OPEN
Grace Lee	NH	Senior	OPEN
Katerina Sudentene	FAIR LAWN	Senior	OPEN

**2nd Team All-Division**

Student-Athlete Name	School	Year	Position
Nichole Koltsov, Isabella Sosa, Katie Dickson, Jordana Pinke	RW	-	200 MED RELAY
Anna Dickson	RW	Sophomore	200 FREE
Jordana Pinke	RW	Freshman	200 IM
Emily Kalna	RW	Freshman	50 FREE
Nichole Koltsov	RW	Senior	100 FLY
Michelle Hwang	RD/WW	Sophomore	100 FREE
Sophia Zhuma	NH	Freshman	500 FREE
Gabriela Avila, Olivia Lyons, Katerina Sudentene, Skylar Coleman,	FAIR LAWN	-	200 FREE RELAY
Isabella Sosa	RW	Junior	100 BACK
Elle St. Pierre	NH	Senior	100 BREAST
Jessica Wolf, Anna Bryan-Jones, Lucille St. Pierre, Emma Paccione	NH	-	400 FREE RELAY

**Honorable Mention All-Division**

Student-Athlete Name	School	Year
Stephie Perez	RD/WW	Junior
Skylar Coleman	FAIR LAWN	Senior
Alice Rodriguez	HACKENSACK	Senior
Grace McKenna	NORTHERN HIGHLANDS	Junior
Jill Grayson	RIDGEWOOD	Senior

**Coach of the Year:** \_\_\_\_\_ **RICH KELLY** \_\_\_\_\_ **School:** \_\_\_\_\_

