



**National**  
**Girls Cross Country**  
**2023**

**1st Team All-Division**

<b>Student-Athlete Name</b>	<b>School</b>	<b>Year</b>
Elena Guzman	Teaneck	Senior
Rowan Leddy	Old Tappan	Senior
Emme Fermin	Old Tappan	Freshman
Maya Gueguen	Demarest	Junior
Sophie Cheeseman	Tenafly	Senior
Melissa Cen	Demarest	Senior
Aviv Mosayov	Demarest	Sophomore

**2nd Team All-Division**

<b>Student-Athlete Name</b>	<b>School</b>	<b>Year</b>
Makenna Wolmer	Tenafly	Sophomore
Sophia Katechis	Old Tappan	Junior
Maiumi Quiros	Old Tappan	Freshman
Claire Bailey	Old Tappan	Sophomore
Elia Roeca	Tenafly	Sophomore
Ellie Buchanan	Pascack Valley	Junior
Sophee Estrems	Demarest	Freshman

**Honorable Mention All-Division**

<b>Student-Athlete Name</b>	<b>School</b>	<b>Year</b>
Kristen Liu	Demarest	Freshman
Alexa Puccio	Old Tappan	Senior
Elia Roeca	Tenafly	Sophomore
Shruti Patel	Bergenfield	Junior
Sofia Alepa	Pascack Valley	Junior
Alyvia Polite	Teaneck	Senior
Sarah Sarmiento	Bergenfield	Senior

**Coach of the Year:** \_\_\_\_\_ Jeff Clark \_\_\_\_\_ **School:** \_\_\_\_\_ Old Tappan \_\_\_\_\_

