



National
Girls Cross Country
2023

1st Team All-Division

Student-Athlete Name	School	Year
Elena Guzman	Teaneck	Senior
Rowan Leddy	Old Tappan	Senior
Emme Fermin	Old Tappan	Freshman
Maya Gueguen	Demarest	Junior
Sophie Cheeseman	Tenafly	Senior
Melissa Cen	Demarest	Senior
Aviv Mosayov	Demarest	Sophomore

2nd Team All-Division

Student-Athlete Name	School	Year
Makenna Wolmer	Tenafly	Sophomore
Sophia Katechis	Old Tappan	Junior
Maiumi Quiros	Old Tappan	Freshman
Claire Bailey	Old Tappan	Sophomore
Elia Roeca	Tenafly	Sophomore
Ellie Buchanan	Pascack Valley	Junior
Sophee Estrems	Demarest	Freshman

Honorable Mention All-Division

Student-Athlete Name	School	Year
Kristen Liu	Demarest	Freshman
Alexa Puccio	Old Tappan	Senior
Elia Roeca	Tenafly	Sophomore
Shruti Patel	Bergenfield	Junior
Sofia Alepa	Pascack Valley	Junior
Alyvia Polite	Teaneck	Senior
Sarah Sarmiento	Bergenfield	Senior

Coach of the Year: _____ Jeff Clark _____ **School:** _____ Old Tappan _____

