United

Boys Track & Field

2023

1st Team All-Division

Student-Athlete Name	School	Year	Position
Ryan Dormelas	St. Joe's Regional	Senior	400 Hurdles
Josh Narcisse	Paramus Catholic	Senior	100M Dash
Ryan Lociero	Don Bosco	Junior	1600M Run
Corey Sanders	Paramus Catholic		400M Dash
James Dely	Bergen Cacholic	Sophomore	High Hurdles
Brendan O'Rourke	Bergen Catholic	Junior	800M Dash
Logan Casey	Bergen Catholic	Senior	200M Dash
Thomas Rogers	Bergen Catholic	-	3200M Run
Corey Sanders	Paramus Catholic	-	1600M Relay
Josh Narcisse	Paramus Catholic	-	1600M Relay
James Dely	Paramus Catholic	-	1600M Relay
Adrian Laing	Paramus Catholic	-	1600M Relay
Benji Shue	Bergen Catholic	Sophomore	Discus
Sean Coll	Bergen Catholic	Senior	Javelin
Justin King	Bergen Catholic	Senior	Shot Put
Colin Salandy	Paramus Catholic	Senior	Pole Vault
Tristan Oliver	Bergen Catholic	Junior	High Jump
Jason Lesseui	Bergen Catholic	Junior	Long Jump
Bobby Mays	Don Bosco	Junior	Triple Jump
Andrew Boakye	Bergen Catholic	Sophomore	

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Cicai Jaramillo	Paramus Catholic	Senior	400 Hurdles
Kaj Sanders	Bergen Catholic	Junior	100M Dash
Kevin Bornemann	Don Bosco	Junior	1600M Run
Justin Parris	Don Bosco	Freshman	400M Dash
Adrian Laing	Paramus Catholic	Junior	High Hurdles
Noah Granados	Don Bosco	Junior	800M Dash
Mehki Rossignol	St. Joe's Regional	Sophomore	200M Dash
James Hughes	Bergen Catholic	Senior	3200M Run
Noah Granados	Don Bosco	-	1600M Relay
Nick Swierkosz	Don Bosco	-	1600M Relay
Harrison Carolan	Don Bosco	-	1600M Relay
Jake	Don Bosco	-	1600M Relay
Lamont Lester	Don Bosco	Junior	Discus
Dan Parisi	Don Bosco	Senior	Javelin
Jorge Pogue	Bergen Catholic	Senior	Shot Put
Marcelo Giglio	Paramus Catholic	Freshman	Pole Vault
Kyle Irving	Don Bosco	Junior	High Jump
Allan Hilton Clarke	Bergen Catholic	Senior	Long Jump
Jaidyn Johnson	Paramus Catholic	Sophomore	Triple Jump

Honorable Mention All-Division

Student-Athlete Name	School	Year
Nick Barra	Bergen Catholic	Senior
Steve Odiero	St. Joe's Regional	Senior
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Coach of the Year: Mike Begen **School:** Paramus Catholic

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