



**Patriot**  
**Girls Track & Field**  
**2023**

**1st Team All-Division**

| Student-Athlete Name | School     | Year      | Position     |
|----------------------|------------|-----------|--------------|
| Caeli O'Hara         | Ramsey     | Sophomore | 400 Hurdles  |
| Makayla Newman       | Ramsey     | Sophomore | 100M Dash    |
| Christina Allen      | River Dell | Senior    | 1600M Run    |
| Siena Kannenberg     | Mahwah     | Junior    | 400M Dash    |
| Abreeana Rilveria    | River Dell | Senior    | High Hurdles |
| Sarah Cookson        | River Dell | Senior    | 800M Dash    |
| Harley Taylor        | Mahwah     | Sophomore | 200M Dash    |
| Zoe Merryman         | Mahwah     | Senior    | 3200M Run    |
| Julia Costa          | Ramsey     | Sophomore | 1600M Relay  |
| Jamie Gorman         | Ramsey     | Junior    | 1600M Relay  |
| Makayla Newman       | Ramsey     | Sophomore | 1600M Relay  |
| Kate Marie Monaco    | Ramsey     | Sophomore | 1600M Relay  |
| Vaughnicia Cox       | Ramsey     | Junior    | Discus       |
| Olivia O'Donnell     | River Dell | Senior    | Javelin      |
| Callia Nickels       | Mahwah     | Junior    | Shot Put     |
| Adrianna Graziano    | Ramsey     | Sophomore | Pole Vault   |
| Ashleigh Gorman      | Ramsey     | Junior    | High Jump    |
| Grace McQueeney      | River Dell | Junior    | Long Jump    |
| Emily Turschmann     | River Dell | Senior    | Triple Jump  |
| Kate Marie Monaco    | Ramsey     | Sophomore |              |

**2nd Team All-Division**

| Student-Athlete Name | School        | Year      | Position     |
|----------------------|---------------|-----------|--------------|
| Lizzy Puentes        | River Dell    | Senior    | 400 Hurdles  |
| Morgan Levine        | River Dell    | Junior    | 100M Dash    |
| Alexa Friedland      | Ramsey        | Junior    | 1600M Eun    |
| Alexandra Klanke     | Mahwah        | Senior    | 400M Dash    |
| Maura Alden          | Pascack Hills | Junior    | High Hurdles |
| Jamie Gorman         | Ramsey        | Junior    | 800M Dash    |
| Brooke Wichmann      | Westwood      | Sophomore | 200M Dash    |
| Rachel Mills         | River Dell    | Senior    | 3200M Run    |
| Isabella Schenider   | River Dell    | Senior    | 1600M Relay  |
| Sarah Cookson        | River Dell    | Senior    | 1600M Relay  |
| Ava Ebnetter         | River Dell    | Senior    | 1600M Relay  |
| Morgan Levine        | River Dell    | Junior    | 1600M Relay  |
| Natalya Vega         | Westwood      | Junior    | Discus       |
| Clarissa Guerrero    | Westwood      | Freshman  | Javelin      |
| Lillian Dinning      | Ramsey        | Senior    | Shot Put     |
| Meghan Pfohl         | River Dell    | Senior    | Pole Vault   |
| Alex Rossi           | Ramsey        | Senior    | High Jump    |
| Jules Pensari        | Ramsey        | Freshman  | Long Jump    |
| Marisa Schoenberg    | River Dell    | Senior    | Triple Jump  |

**Honorable Mention All-Division**

| Student-Athlete Name | School        | Year      |
|----------------------|---------------|-----------|
| Izzy Gabay           | River Dell    | Junior    |
| Olivia Nixon         | Pascack Hills | Junior    |
| Maria Vizzari        | Ramsey        | Senior    |
| Kaelyn Brisby        | Mahwah        | Sophomore |
| Eva Wofse            | Westwood      | Junior    |

**Coach of the Year:** \_\_\_\_\_ **Matthew Wynne** \_\_\_\_\_ **School:** \_\_\_\_\_ **Ramsey** \_\_\_\_\_

