



**Freedom**  
**Girls Track & Field**  
**2023**

**1st Team All-Division**

Student-Athlete Name	School	Year	Position
Anna Bryan-Jones	Northern Highlands	Junior	400 Hurdles
Belle Bennett	Northern Highlands	Senior	100M Dash
Cellina Rabolli	Ridgewood	Junior	1600M Run
Ayanna Chape	Hackensack	Junior	400M Dash
Alexandra Cahil	Ramapo	Senior	110 Hurdles
Avery Sheridan	Ridgewood	Junior	800M Dash
Erin Poppe	Ramapo	Senior	200M Dash
Sadie Meloro	Northern Highlands	Freshman	3200M Run
Kelsey D'Alonzo	Ridgewood	Sophomore	1600M Relay
Lindsay Zadow	Ridgewood	Freshman	1600M Relay
Kennedy Lubkemann	Ridgewood	Freshman	1600M Relay
Peyton Wennersten	Ridgewood	Sophomore	1600M Relay
Jada Giordano	Ramapo	Freshman	High Jump
Jordan Myers	Paramus	Sophomore	Long Jump
Mackenzie Morante	Ramapo	Senior	Triple Jump
Talia Hutchison	Ridgewood	Senior	Pole Vault
Emai Hanada	Ridgewood	Sophomore	Pole Vault
Grace Gilbert	Ramapo	Freshman	Shot Put
Hannah Otterstedt	Ridgewood	Senior	Discus
Sadie Valentin	Paramus	Freshman	Bea Brassel
Bea Brassel	Ridgewood	Junior	All Around

**2nd Team All-Division**

Student-Athlete Name	School	Year	Position
Kennedy Lubkemann	Ridgewood	Freshman	400 Hurdles
Mary Grusser	Ramapo	Freshman	100M Dash
Allison Courtney	Northern Highlands	Junior	1600M Run
Peyton Wennersten	Ridgewood	Sophomore	400M Dash
Emma Reinke	Ridgewood	Senior	110 Hurdles
Carly Griffin	Ramapo	Senior	800M Dash
Alexa Birch	Northern Highlands	Sophomore	200M Dash
Amelia Keogh	Ramapo	Junior	3200M Run
Erin Poppe	Ramapo	Senior	1600M Relay
Kendall Schmidt	Ramapo	Senior	1600M Relay
Kyra Magerko	Ramapo	Freshman	1600M Relay
Julia Mattioli	Ramapo	Freshman	1600M Relay
Noor Rabah	Ramapo	Senior	High Jump
Taylor Loia	Ramapo	Freshman	Long Jump
Daphne Castellano	Northern Highlands	Sophomore	Triple Jump
Isabel Johnson	Ridgewood	Senior	Shot Put
Ava Leonarz	Ridgewood	Senior	Discus
Isabella Bido	Paramus	Senior	Javelin
Rebecca Maclaren	Northern Highlands	Junior	All Around

**Honorable Mention All-Division**

Student-Athlete Name	School	Year
Charlotte Papin	Ridgewood	Junior
Kera Bell	Hackensack	Senior
Shayna Braver	Ramapo	Sophomore
Pilar Guido	Paramus	Senior
Autumn Ritter	Northern Highlands	Junior

**Coach of the Year:** Steve Opremcak **School:** \_\_\_\_\_

