



Freedom

Boys Track & Field

2023

1st Team All-Division

Student-Athlete Name	School	Year	Position
Racine Ly	Ridgewood	Senior	400 Hurdles
Landon DePrima	Ramapo	Junior	100M Dash
Luke Pash	Ridgewood	Sophomore	1600M Run
Maxwell Gurkovic	Northern Highlands	Junior	400M Dash
Victor Souza	Ridgewood	Junior	110 Hurdles
Thomas DiVincent	Ramapo	Senior	800M Dash
David Gonzalez	Ramapo	Senior	200M Dash
Bryce Teto	Paramus	Senior	3200M Run
Lucas Barrales	Ridgewood	Senior	1600M Relay
Ian Bajraktari	Ridgewood	Senior	1600M Relay
Jack McKenna	Ridgewood	Sophomore	1600M Relay
Racine Ly	Ridgewood	Senior	1600M Relay
Shawn Sowah	Hackensack	Junior	High Jump
Alexander McElkenny	Ramapo	Senior	Long Jump
Alex Shevchenko	Ridgewood	Senior	Triple Jump
Liam O'Meara	Ridgewood	Senior	Pole Vault
Gene Petrella	Hackensack	Senior	Shot Put
Carlos Bermudez	Ridgewood	Senior	Discus
Chase O'Connell	Northern Highlands	Senior	Javelin
Kyle Dickson	Ridgewood	Sophomore	

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Jack Dolan	Northern Highlands	Senior	400 Hurdles
Niko Kostopoulos	Paramus	Senior	100M Dash
Jackson Vogel	Northern Highlands	Senior	1600M Run
Steven Garcia	Hackensack	Freshman	400M Dash
Maximus Soloman	Hackensack	Senior	110 Hurdles
Dylan Guarquila	Hackensack	Junior	800M Dash
Michael Samarro	Ramapo	Junior	200M Dash
Trevor Kane	Ridgewood	Sophomore	3200M Run
Seven Garcia	Hackensack	Freshman	1600M Relay
Dustin DeCambre	Hackensack	Freshman	1600M Relay
Victor Deoleo	Hackensack	Senior	1600M Relay
Brendan Polley	Hackensack	Junior	1600M Relay
Luke Adami	Northern Highlands	Sophomore	High Jump
Aris Perez	Ramapo	Junior	Long Jump
Giovanni Blake	Hackensack	Senior	Triple Jump
Ian Kearney	Northern Highlands	Senior	Pole Vault
Jake Borchard	Hackensack	Senior	Shot Put
Anthony Morillo	Hackensack	Senior	Discus
Yunte Trattnor	Ridgewood	Junior	Javelin
Alex Hajal	Northern Highlands	Senior	All Around

Honorable Mention All-Division

Student-Athlete Name	School	Year
Ian Bajraktari	Ridgewood	Senior
Luis Ortiz	Hackensack	Senior
Ryan Welch	Ramapo	Junior
Gabe Johnson	Northern Highlands	Senior
Ryan Fernandes	Paramus	Junior

Coach of the Year:

Josh Saladino

School:

Ridgewood

