



United
Girls Track & Field
2023

1st Team All-Division

Student-Athlete Name	School	Year	Position
Brianna Desanto	Paramus Catholic	Senior	400 Hurdles
Olivia Tacconi	IHA	Senior	100M Dash
Anna Lynch	IHA	Freshman	1600M Run
Gina Certo	Holy Angels	Sophomore	400M Dash
Lauren Dunnigan	IHA	Senior	High Hurdles
Alexandria Damanin	Holy Angels	Sophomore	800M Dash
Gina Rubio	Paramus Catholic	Senior	200M Dash
Leanna Johnston	IHA	Senior	3200M Run
Gina Certo	Holy Angels	Sophomore	1600M Relay
Amaris Hiatt	Holy Angels	Freshman	1600M Relay
Alexandria Damanin	Holy Angels	Sophomore	1600M Relay
Ella Buoncuore	Holy Angels	Sophomore	1600M Relay
Julia Sobilo	IHA	Sophomore	Discus
Tyaja Thomas	Paramus Catholic	Senior	Javelin
Oluwatemilore Adedeji	DePaul	Senior	Shot Put
Casey Roberts	IHA	Senior	Pole Vault
Carina Rios	IHA	Senior	High Jump
Samantha Raia	IHA	Junior	Long Jump
Abby Romero	IHA	Junior	Triple Jump
Evelyn Roman	IHA	Sophomore	

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Elizabeth Burgess	IHA	Sophomore	400 Hurdles
Sydney Dungey	Paramus Catholic	Junior	100M Dash
Meaghan Keating	IHA	Junior	1600M Run
Paige Burgess	IHA	Sophomore	400M Dash
Kate Shepler	IHA	Junior	High Hurdles
Arden McLaughlin	IHA	Sophomore	800M Dash
Sophia Ditchfield-Agboh	IHA	Junior	200M Dash
Federica Zazzall	Holy Angels	Senior	3200M Run
Gina Rubio	Paramus Catholic	Senior	1600M Relay
Brianna Desanto	Paramus Catholic	Senior	1600M Relay
Sydney Dungey	Paramus Catholic	Junior	1600M Relay
Gabrielle Snell	Paramus Catholic	Freshman	1600M Relay
Caressa Colin	Paramus Catholic	Senior	Discus
Caterina Cardamone	Holy Angels	Junior	Javelin
Catherine Goldstein	Paramus Catholic	Senior	Shot Put
Sophie Morales	IHA	Junior	Pole Vault
Gabrielle Snell	Paramus Catholic	Freshman	High Jump
Daniella Demaras	Paramus Catholic	Junior	Long Jump
Khameryn Oliver	Paramus Catholic	Junior	Triple Jump

Honorable Mention All-Division

Student-Athlete Name	School	Year
Grace Coughlin	IHA	Senior
Catherine Tuohy	Holy Angels	Senior
Sadira Sanchez	Paramus Catholic	Freshman
Sophia Lopez	DePaul	Junior

Coach of the Year: Matt Joyce **School:** IHA

