



American
Girls Indoor Track & Field
2022 - 2023

1st Team All-Division

Student-Athlete Name	School	Year	Position
Leah Fedouchik	Cliffside Park	Junior	3200M Run
Leah Fedouchik	Cliffside Park	Junior	3200M Relay
Stephanie Lack	Cliffside Park	Sophomore	3200M Relay
Leilani Lopez	Cliffside Park	Junior	3200M Relay
Hanyi Quevedo	Cliffside Park	Freshman	3200M Relay
Sarah Zekri Khanfri	Cliffside Park	Sophomore	400M Dash
Diana Valentini	Fort Lee	Senior	800M Dash
Janaya Cobbinah	Fort Lee	Freshman	200M Dash
Sarah Lynch	Dumont	Senior	1600M Run
Sarah Zekri Khanfri	Cliffside Park	Sophomore	1600M Relay
Liana Ancle	Cliffside Park	Sophomore	1600M Relay
Candy Guarcax	Cliffside Park	Senior	1600M Relay
Kaitlyn Shelley	Cliffside Park	Junior	1600M Relay
Kaitlyn Shelley	Cliffside Park	Junior	55M Hurdles
Alexa Castro	Fort Lee	Sophomore	55M Dash
Maddison Aquino	Cliffside Park	Sophomore	Shot Put
Jenna Monaco	Dumont	Freshman	Pole Vault
Kaitlyn Shelley	Cliffside Park	Junior	High Jump
Jordana Marcus	Fort Lee	Senior	Long Jump
Liana Ancle	Cliffside Park	Sophomore	Isabella Aberde
Isabella Aberde	Dumont	Junior	All Around

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Sarah Lynch	Dumont	Senior	3200M Relay
Trystin Mack	Dwight Morrow	Freshman	400M Dash
Leah Fedouchik	Cliffside Park	Junior	800M Dash
Sarah Zekri Khanfri	Cliffside Park	Sophomore	200M Dash
Sarah Paez	Dumont	Senior	1600M Run
Diana Valentini	Fort Lee	Senior	1600M Relay
Alexa Castro	Fort Lee	Sophomore	1600M Relay
Sarah Wong	Fort Lee	Freshman	1600M Relay
Chelsy Lewis	Fort Lee	Freshman	1600M Relay
Liana Ancle	Cliffside Park	Sophomore	55M Hurdles
Jenna Monaco	Dumont	Freshman	55M Dash
Natalia Gomez	Cliffside Park	Senior	Shot Put
Olivia Pisinski	Fort Lee	Sophomore	Pole Vault
Kaitlyn Shelley	Cliffside Park	Junior	Long Jump
Trystin Mack	Dwight Morrow	Freshman	All Around

Honorable Mention All-Division

Student-Athlete Name	School	Year
Nova Green	Fort Lee	Sophomore
Josephine Carroll	Ridgefield Park	Senior
Jadyn Assamoah	Dumont	Senior
Stephanie Lack	Cliffside Park	Sophomore
Victoria Galette	Dwight Morrow	Senior

Coach of the Year: Marissa Romano **School:** Cliffside Park

