



**American**  
**Girls Indoor Track & Field**  
**2022 - 2023**

**1st Team All-Division**

| Student-Athlete Name | School         | Year      | Position        |
|----------------------|----------------|-----------|-----------------|
| Leah Fedouchik       | Cliffside Park | Junior    | 3200M Run       |
| Leah Fedouchik       | Cliffside Park | Junior    | 3200M Relay     |
| Stephanie Lack       | Cliffside Park | Sophomore | 3200M Relay     |
| Leilani Lopez        | Cliffside Park | Junior    | 3200M Relay     |
| Hanyi Quevedo        | Cliffside Park | Freshman  | 3200M Relay     |
| Sarah Zekri Khanfri  | Cliffside Park | Sophomore | 400M Dash       |
| Diana Valentini      | Fort Lee       | Senior    | 800M Dash       |
| Janaya Cobbinah      | Fort Lee       | Freshman  | 200M Dash       |
| Sarah Lynch          | Dumont         | Senior    | 1600M Run       |
| Sarah Zekri Khanfri  | Cliffside Park | Sophomore | 1600M Relay     |
| Liana Ancle          | Cliffside Park | Sophomore | 1600M Relay     |
| Candy Guarcax        | Cliffside Park | Senior    | 1600M Relay     |
| Kaitlyn Shelley      | Cliffside Park | Junior    | 1600M Relay     |
| Kaitlyn Shelley      | Cliffside Park | Junior    | 55M Hurdles     |
| Alexa Castro         | Fort Lee       | Sophomore | 55M Dash        |
| Maddison Aquino      | Cliffside Park | Sophomore | Shot Put        |
| Jenna Monaco         | Dumont         | Freshman  | Pole Vault      |
| Kaitlyn Shelley      | Cliffside Park | Junior    | High Jump       |
| Jordana Marcus       | Fort Lee       | Senior    | Long Jump       |
| Liana Ancle          | Cliffside Park | Sophomore | Isabella Aberde |
| Isabella Aberde      | Dumont         | Junior    | All Around      |

**2nd Team All-Division**

| Student-Athlete Name | School         | Year      | Position    |
|----------------------|----------------|-----------|-------------|
| Sarah Lynch          | Dumont         | Senior    | 3200M Relay |
| Trystin Mack         | Dwight Morrow  | Freshman  | 400M Dash   |
| Leah Fedouchik       | Cliffside Park | Junior    | 800M Dash   |
| Sarah Zekri Khanfri  | Cliffside Park | Sophomore | 200M Dash   |
| Sarah Paez           | Dumont         | Senior    | 1600M Run   |
| Diana Valentini      | Fort Lee       | Senior    | 1600M Relay |
| Alexa Castro         | Fort Lee       | Sophomore | 1600M Relay |
| Sarah Wong           | Fort Lee       | Freshman  | 1600M Relay |
| Chelsy Lewis         | Fort Lee       | Freshman  | 1600M Relay |
| Liana Ancle          | Cliffside Park | Sophomore | 55M Hurdles |
| Jenna Monaco         | Dumont         | Freshman  | 55M Dash    |
| Natalia Gomez        | Cliffside Park | Senior    | Shot Put    |
| Olivia Pisinski      | Fort Lee       | Sophomore | Pole Vault  |
| Kaitlyn Shelley      | Cliffside Park | Junior    | Long Jump   |
| Trystin Mack         | Dwight Morrow  | Freshman  | All Around  |

**Honorable Mention All-Division**

| Student-Athlete Name | School          | Year      |
|----------------------|-----------------|-----------|
| Nova Green           | Fort Lee        | Sophomore |
| Josephine Carroll    | Ridgefield Park | Senior    |
| Jadyn Assamoah       | Dumont          | Senior    |
| Stephanie Lack       | Cliffside Park  | Sophomore |
| Victoria Galette     | Dwight Morrow   | Senior    |

**Coach of the Year:** \_\_\_\_\_ Marissa Romano \_\_\_\_\_ **School:** \_\_\_\_\_ Cliffside Park \_\_\_\_\_

