



Freedom

Boys Bowling

2023

1st Team All-Division

Student-Athlete Name	School	Year
Matt Lugo	Hackensack	Senior
Joey Parrilli	Hackensack	Sophomore
John James	Hackensack	Sophomore
Mason Fraiman	Ridgewood	Junior
Aidan Saslow	Ramapo	Sophomore
Gavin Fraiman	Ridgewood	Freshman
Jack Karam	Ridgewood	Junior

2nd Team All-Division

Student-Athlete Name	School	Year
Joe Manberg	Northern Highlands	Senior
Joshua Alvelo	Northern Highlands	Sophomore
Lucas Mosquera	Paramus	Senior
Ben Robinson	Ramapo	Senior
Robert Columbrita	Paramus	Senior
John LaGamba	Ramapo	Senior
Patrick "PJ"	Ramapo	Senior

Honorable Mention All-Division

Student-Athlete Name	School	Year
Mike Rizzo	Hackensack	Junior
Dean Asplund	Northern Highlands	Freshman
Aidan Olmo	Paramus	Senior
Mustafa Kamel	Ramapo	-
Kevin McAskin	Ridgewood	-

Coach of the Year: _____ **School:** _____

