



Patriot
Girls Swimming & Diving
2023

1st Team All-Division

Student-Athlete Name	School	Year	Position
Mia Medina, Rebecca Siuffe, Callie Ng, Mary Puglisi	WH		200 MED RELAY
Vesa Kyqykaliu	NVOT	Junior	200 FREE
Emily Kim	NVOT	Senior	200 IM
Coco O'Connell	NVOT	Freshman	50 FREE
Sarah Rodrigues	WAYNE VALLEY	Sophomore	100 FLY
Emelia Lan	TENAFLY	Sophomore	100 FREE
Alexis Gentile	WH	Junior	500 FREE
Emelia Lan, Katelyn Liu, Allegra Wong, Sienna Plutzer	TENAFLY	-	200 FREE RELAY
Lily Martin	NVOT	Junior	100 BACK
Sienna Plutzer	TENAFLY	Freshman	100 BREAST
Rebecca Siuffe, Mia Medina, Alexis Gentile, Sofia Wunej	WH	-	400 FREE RELAY
Callie Ng	WH	Junior	OPEN
Mia Medina	WH	Junior	OPEN
Angelia Choi	PARAMUS	Sophomore	OPEN

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Coco O'Connell, Lily Martin, Ariana Kim, Emily Kim	NVOT	-	200 MED RELAY
Sibora Muca	PARAMUS	Sophomore	200 FREE
Rebecca Siuffe	WH	Sophomore	200 IM
Sasha Wunej	WH	Sophomore	50 FREE
Mary Puglisi	WH	Junior	100 FLY
Allegra Wong	TENAFLY	Junior	100 FREE
Isabella Patti	PARAMUS	Senior	500 FREE
Coco O'Connell, Emily Kim, Ariana Kim, Lily Martin,	NVOT	-	200 FREE RELAY
Hannah Cojoc	TENAFLY	Sophomore	100 BACK
Alexis Gaudreau	PARAMUS	Sophomore	100 BREAST
Isabella Patti, Angelia Choi, Sibora Muca, Alexis Gaudreau	PARAMUS	-	400 FREE RELAY

Honorable Mention All-Division

Student-Athlete Name	School	Year
Tamar Peleg	TENAFLY	Senior
Adriana Coccaro	PARAMUS	Sophomore
Alexa Padilla	NV-OLD TAPPAN	Junior
Emma Arango	WAYNE HILLS	Senior
Madeline Voinov	WAYNE VALLEY	Junior

Coach of the Year: Mike Shale- WH / Matt Tenafly **School:** _____

