



Freedom

Girls Volleyball

2022

1st Team All-Division

Student-Athlete Name	School	Year
Cammi Quirk	Ridgewood	Senior
Ryan Mincey	Ridgewood	Freshman
Lauren Stuart	Ridgewood	Senior
Inesse Chun	Ridgewood	Senior
Delia van der Heid	Northern Highlands	Sophomore
Grace Khowaylo	Northern Highlands	Senior
Chloe Anselmi	Northern Highlands	Sophomore
Isabella Bido	Paramus	Senior
Leah Miksi-Sahdo	Paramus	Senior
Carli Silverman	Ramapo	Senior
Julia Cortorillo	Ramapo	Senior
Ziahna Fraizer	Hackensack	Junior

2nd Team All-Division

Student-Athlete Name	School	Year
Caitlin Bergman	Ridgewood	Junior
Taylor Grady	Ridgewood	Senior
Bella O'Callaghan	Northern Highlands	Senior
Anna Bryan-Jones	Northern Highlands	Junior
Briellie Turner	Ramapo	Senior
Maya Shah	Ramapo	Junior
Eleni Papas	Paramus	Junior
Klea Karanxha	Paramus	Sophomore
Tiana Holeviczki	Paramus	Sophomore
Kiara Zambrano	Hackensack	Junior
Nevaeh Cole	Hackensack	Junior

Honorable Mention All-Division

Student-Athlete Name	School	Year
Ava Swartz	Ridgewood	Senior
Izzy Malley	Northern Highlands	Senior
Grace Cabrera	Northern Highlands	Senior
Jenna Tarabocchia	Paramus	Senior
Katrina Lagasca	Paramus	Senior
Angelica Morquecho	Hackensack	Senior
Toni Pernetti	Ramapo	Freshman
Rebecca Salmins	Ramapo	Freshman

Coch of the Year: Jaime Gilfedder

School: Ridgewood

