



**National**  
**Boy Indoor Track & Field**  
**2021-2022**

**1st Team All-Division**

Student-Athlete Name	School	Year	Position
Dylon Fokuoh-Mensah	Bergenfield		55M Dash
Souleymane Fall	Bergenfield		200M Dash
Seth Kaufman	Northern Valley Demarest		400M Dash
Ivan Timochko	Northern Valley Demarest		800M Dash
Matt Malora	Northern Valley Demarest	-	1600M Run
Andrew Kleinman	Northern Valley Demarest	-	3200M Run
Lincoln Sorenson	Northern Valley Demarest	-	55M Hurdles
Michael Pizzella	Pascack Valley	-	3200M Relay
Patrick Kurtz	Pascack Valley	-	3200M Relay
Jay Ramirez	Pascack Valley	-	3200M Relay
Connor Oates	Pascack Valley	-	3200M Relay
Xavier Hayletts	Bergenfield	-	1600M Relay
Dyllon Fokouh-Mensah	Bergenfield	-	1600M Relay
Johannes Rivera	Bergenfield	-	1600M Relay
Souleymane Fall	Bergenfield	-	1600M Relay
Caleb Park	Northern Valley Old Tappan	-	Pole Vault
Goran Saric	Northern Valley Old Tappan	-	High Jump
Kenn Uchira	Tenaflly	-	Long Jump
Andrew Tandler	Northern Valley Demarest	-	Triple Jump
Daye Karibi-Whyte	Teaneck	-	Joshua Carter
Joshua Carter	Teaneck	-	All Around

**2nd Team All-Division**

Student-Athlete Name	School	Year	Position
Chris Short	Northern Valley Demarest	-	55M Dash
Xavier Hayletts	Bergenfield	-	200M Dash
Allen Lee	Northern Valley Demarest	-	400M Dash
Johannes Rivera	Bergenfield	-	800M Dash
Jaden Uram	Tenaflly	-	1600M Run
Jacob Wolmer	Tenaflly	-	3200M Run
Kwaku Asante Nkrumah	Teaneck	-	55M Hurdles
Chris Short	Northern Valley Demarest	-	1600M Relay
Lincoln Sorenson	Northern Valley Demarest	-	1600M Relay
Kieran Laul	Northern Valley Demarest	-	1600M Relay
Seth Kaufman	Northern Valley Demarest	-	1600M Relay
Charlie Nyfenger	Northern Valley Demarest	-	Pole Vault
Matt Ruocco	Northern Valley Demarest	-	High Jump
Michael Glass	Northern Valley Demarest	-	Long Jump
Jack Attali	Northern Valley Demarest	-	Triple Jump
Daniel Mikay	Northern Valley Demarest	-	Shot Put

**Honorable Mention All-Division**

Student-Athlete Name	School	Year
Casey Symons	Northern Valley Old Tappan	-
Alex Caba	Teaneck	-
Brendan Noone	Pascack Valley	-
Aaron Cruz	Bergenfield	-
Alex Lee	Northern Valley Demarest	-

**Coach of the Year:** \_\_\_\_\_ **Mike Theuerkauf** \_\_\_\_\_ **School:** \_\_\_\_\_

