



**Freedom**  
**Boys Track & Field**  
**20-21**

**1st Team All-Division**

Student-Athlete Name	School	Year	Position
Ryan McKenn	Ridgewood	Senior	400H
Matthew Litchult	Indian Hills	Senior	100M
Sean Fortunato	Ridgewood	Junior	1600M
Racine Ly	Ridgewood	Sophomore	400M
Red Kossick	Ridgewood	Sophomore	110HH
Quinn McCutcheon	Ridgewood	Senior	800M
Jack Grusser	Ramapo	Sophomore	200M
Jay Boogaert	Ridgewood	Senior	3200M
Diego Santiago	Ramapo	Senior	4 x 400
Dylan Bodart	Ramapo	Sophomore	4 x 400
Thomas DiVincent	Ramapo	Sophomore	4 x 400
Dan Costa	Ramapo	Junior	4 x 400
Zachary Madison	Northern Highlands	Sophomore	High Jump
Sean Emmanuel	Ridgewood	Senior	Long Jump
Jeremy Miller	Ramapo	Senior	Triple Jump
Luke Gnospelius	Ridgewood	Junior	Pole Vault
Michael Grant	Hackensack	Junior	Shot Put
Hassan Bailey	Hackensack	Junior	Discus
Victor Mai	Hackensack	Junior	Javelin
Bobby Hymans	Ramapo	Senior	

**2nd Team All-Division**

Student-Athlete Name	School	Year	Position
Lucas Barrales	Ridgewood	Sophomore	400H
Michael Braun	Northern Highlands	Sophomore	100M
Mick Barbi	Ridgewood	Junior	1600M
Dhylan MacLaren	Northern Highlands	Junior	400M
Diego Santiago	Ramapo	Senior	110HH
Thomas DiVincent	Ramapo	Sophomore	800M
Luke Czerepak	Ramapo	Senior	200M
Alex Horgan	Ramapo	Junior	3200M
Red Kossick	Ridgewood	Sophomore	4 x 400
Mick Barbi	Ridgewood	Junior	4 x 400
Racine Ly	Ridgewood	Sophomore	4 x 400
Lucas Barrales	Ridgewood	Senior	4 x 400
Alex Shevchenko	Ridgewood	Sophomore	High Jump
Walter King Jr.	Hackensack	Junior	Long Jump
Dante Lateano	Northern Highlands	Junior	Triple Jump
Ryan Pfund	Ridgewood	Senior	Pole Vault
Marcus Barnett	Hackensack	Junior	Shot Put
Elijah Abaogye	Hackensack	Junior	Discus
Sean Halvorsen	Ridgewood	Senior	Javelin
Matt Aono	Ridgewood	Sophomore	All Around

**Honorable Mention All-Division**

Student-Athlete Name	School	Year
Liam Fahey	Ridgewood	Senior
Prince Nifah	Hackensack	Junior
Ryan McKenna	Ramapo	Senior
Devin Paray	Northern Highlands	Senior
Andrew Lee	Paramus	Senior
Anthony Macejka	Indian Hills	Senior

**Coach of the Year:** \_\_\_\_\_ **Pat Ryan** \_\_\_\_\_ **School:** \_\_\_\_\_

