



American
Girls Swimming & Diving
2021

1st Team All-Division

Student-Athlete Name	School	Year	Position
Charlotte Soll, Julia Weir, Arden Dowd, Casey McLaughlin	RAMSEY		200 MED RELAY
Casey McLaughlin	RAMSEY	Sophomore	200 FREE
Nicole Magee	LAKELAND	Sophomore	200IM
Charlotte Soll	RAMSEY	Senior	50FREE
Nisha Narayanan	MAHWAH	Junior	100FLY
Arden Dowd	RAMSEY	Sophomore	100FREE
Kiera Lau	NVD	Freshman	500FREE
Arden Dowd, Temmie Yu, Julie Weir, Alice Nam	RAMSEY	-	200 FREE RELAY
Marta Gershanok	NVD	Freshman	100BACK
Ella DeSalvo	TENAFLY	Junior	100BREAST
Alice Nam, Casey McLaughlin, Charlotte Soll, Temmie Yu	RAMSEY	-	400 FREE RELAY
Angelica Ciofalo	MAHWAH	Senior	OPEN
Isabelle Kuhn	LAKELAND	Sophomore	OPEN
Ava Gallagher	RAMAPO	Senior	OPEN

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Marta Gershanok, Rebecca Storch, Elaine Kim, Michelle Yu	NVD	-	200 MED RELAY
Lily Frick	RAMAPO	Sophomore	200 FREE
Elaine Kim	NVD	Sophomore	200IM
Kaya Knyz	RAMAPO	Senior	50FREE
Gabby Gallucci	RAMAPO	Junior	100FLY
Michelle Yu	NVD	Freshman	100FREE
Julia Weir	RAMSEY	Sophomore	500FREE
Elaine Kim, Rebecca Storch, Michelle Yu, Kiera Lau	NVD	-	200 FREE RELAY
Natalie Simotas	TENAFLY	Junior	100BACK
Christiana Ranft	LAKELAND	Freshman	100BREAST
Kaya Knyz, Ani Kelly, Ava Gallagher, Gabby Gallucci	RAMAPO	-	400 FREE RELAY

Honorable Mention All-Division

Student-Athlete Name	School	Year
Emma McIntyre	RAMSEY	Senior
Ani Kelly	RAMAPO	Senior
Monica Sperzel	LAKELAND	Junior
Allegra Wong	TENAFLY	Freshman
Kara Wilczynski	MAHWAH	Junior
Barbara Gilman	NVD	Senior

Coch of the Year: _____ Gary Bach _____ **School:** _____

