



# Freedom Boy Indoor Track & Field

**2021**

## **1st Team All-Division**

<b>Student-Athlete Name</b>	<b>School</b>	<b>Year</b>	<b>Position</b>
Quinn McCutcheon	Ridgewood	Senior	3200M Run
Quinn McCutcheon	Ridgewood	Senior	3200M Relay
Tommy Koltermann	Ridgewood	Sophomore	3200M Relay
Mick Barbi	Ridgewood	Junior	3200M Relay
Declan Byrne	Ridgewood	Junior	3200M Relay
Ryan McKenna	Ridgewood	Senior	400M Dash
Mick Barbi	Ridgewood	Junior	800M Dash
Lucas Barrales	Ridgewood	Sophomore	200M Dash
Sean Fortunato	Ridgewood	Junior	1600M Run
Racine Ly	Ridgewood	Sophomore	1600M Relay
Rohan Jha	Ridgewood	Junior	1600M Reay
Ryan McKenna	Ridgewood	Senior	1600M Relay
Red Kossick	Ridgewood	Sophomore	55M Hurdles
Matt Marcelo	Indian Hills	Senior	55M Dash
Devin Paray	Northern Highlands	Senior	Shot
Luke Gnospelius	Ridgewood	Junior	Pole Vault
Jeremy Miller	Ramapo	Senior	High Jump
Walter King Jr.	Hackensack	Junior	Long Jump
Jake Stadulis	Ridgewood	Senior	Triple Jump
Brian Buono	Northern Highlands	Junior	

## **2nd Team All-Division**

<b>Student-Athlete Name</b>	<b>School</b>	<b>Year</b>	<b>Position</b>
Liam Fahey	Ridgewood	Senior	3200M Run
Kenny Morrissey	Northern Highlands	Senior	3200M Relay
Harrison Flynn	Northern Highlands	Junior	3200M Relay
Freddie Liljegren	Northern Highlands	Freshman	3200M Relay
Alex Ingrassia	Northern Highlands	Senior	3200M Relay
Dhylan Maclaren	Northern Highlands	Junior	400M Dash
Jordan Perdomo	Hackensack	Junior	800M Dash
Jack Frederick	Indian Hills	Junior	200M Dash
Jay Boogaert	Ridgewood	Senior	1600M Run
Kenny Morrissey	Northern Highlands	Senior	1600M Relay
Dhylan Maclaren	Northern Highlands	Junior	1600M Relay
Alexi Argyros	Northern Highlands	Senior	1600M Relay
Alex Ingrassia	Northern Highlands	Senior	1600M Relay
Dexter DeMarco	Ridgewood	Sophomore	55M Hurdles
Tahir Kenyatta	Ridgewood	Sophomore	55M Dash
Elijah Abaoye	Hackensack	Junior	Shot
Ryan Pfund	Ridgewood	Senior	Pole Vault
Matt Aono	Ridgewood	Sophomore	High Jump
Tyrone Dickson	Ridgewood	Junior	Long Jump
Nick Cho	Ridgewood	Sophomore	Triple Jump
Rohan Jha	Ridgewood	Junior	All Around

## **Honorable Mention All-Division**

<b>Student-Athlete Name</b>	<b>School</b>	<b>Year</b>
Alex Oriente	Ridgewood	Senior
Prince Nifah	Hackensack	Junior
Jack Klarreich	Northern Highlands	Junior
Joseph LaMonica	Indian Hills	Sophomore
Isaiah Park	Paramus	Junior
Luke Czerepak	Ramapo	Senior

**Coach of the Year:** \_\_\_\_\_ Pat Ryan \_\_\_\_\_

**School:** \_\_\_\_\_

