



Patriot

Girls Indoor Track & Field

2019-2020

1st Team All-Division

Student-Athlete Name	School	Year	Position
Corinne Barney	Indian Hills	Senior	3200M Run
Anya Halecky	River Dell	Senior	3200M Relay
Maggie Mircovich	River Dell	Junior	3200M Relay
Sarah Cookson	River Dell	Freshman	3200M Relay
Alex Grivas	River Dell	Sophomore	3200M Relay
Adriana Scipioni	River Dell	Senior	400M Dash
Amanda Mircovich	River Dell	Junior	800M Dash
Tyonna Stewart	Dwight Morrow	Freshman	200M Dash
Casey Walter	Northern Valley Demarest	Junior	1600M Run
Adraina Scipioni	River Dell	Senior	1600M Relay
Alex Grivas	River Dell	Sophomore	1600M Relay
Amanda Mircovich	River Dell	Junior	1600M Relay
Lauren Levine	River Dell	Junior	1600M Relay
Julia Smolyak	Tenaflly	Junior	55m Hurdles
Jenaliah Knowles	Bergenfield	Junior	55m Dash
Jada Sewell	Northern Valley Demarest	Senior	Shot
Julia Tucci	Northern Valley Demarest	Senior	Pole Vault
Gretchen Haray	Northern Valley Demarest	Sophomore	High Jump
Sophia Dongaris	Tenaflly	Senior	Long Jump
Natalie Ha	Tenaflly	Senior	Kyra Pialtos
Kyra Pialtos	Northern Valley Demarest	Senior	All Around

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Ellie Lester	Northern Valley Demarest	Senior	3200M Run
Robin Gwak	Northern Valley Demarest	-	3200M Relay
Alissa Hsu	Northern Valley Demarest	-	3200M Relay
Lydia Kim	Northern Valley Demarest	-	3200M Relay
Lily Dipple	Northern Valley Demarest	-	3200M Relay
Michelle Wu	Northern Valley Demarest	Senior	400M Dash
Lexi Mogensen	Tenaflly	Junior	800M Dash
Olivia De Los Santos	Tenaflly	Freshman	200M Dash
Robin Gwak	Northern Valley Demarest	Senior	1600M Run
Lexi Mogensen	Tenaflly	-	1600M Relay
Hana Lee	Tenaflly	-	1600M Relay
Maya Considine	Tenaflly	-	1600M Relay
Sheryl Kim	Tenaflly	-	1600M Relay
Shea Gilmour	Indian Hills	Junior	55M Hurdles
Gloria Lee	River Dell	Junior	55M Dash
Alyssa Campbell	Bergenfield	-	Shot
Jordan Hecker	Northern Valley Demarest	Junior	Pole Vault
Norina Khanzada	Tenaflly	Freshman	High Jump
Lynaisha Smith	Dwight Morrow	Senior	Long Jump
Nicole Woods	Northern Valley Demarest	Sophomore	Triple Jump
Sachi Williams	Tenaflly	Junior	All Around

Honorable Mention All-Division

Student-Athlete Name	School	Year
Jessica Forcellati	Pascack Valley	Senior
Maya Considine	Tenaflly	Senior
Shea Gilmour	Indian Hills	Senior
Isabella Sposato	Northern Valley Demarest	Senior
Jasmine Velasquez	Bergenfield	Junior
Angelique Richardson	Dwight Morrow	Freshman
Amanda Newman	River Dell	Senior

Coach of the Year:

Mike Ippolitto

School:

Northern Valley Demarest

