



Freedom
Girls Indoor Track & Field
2019-2020

1st Team All-Division

Student-Athlete Name	School	Year	Position
Olivia Shattuck	Ridgewood	Sophomore	3200M Run
Lily Williams	Ridgewood	Sophomore	3200M Relay
AnnaMarie Tretola	Ridgewood	Sophomore	3200M Relay
Jules Einemer	Ridgewood	Senior	3200M Relay
Sarah Policano	Ridgewood	Junior	3200M Relay
Sophia Verniere	Ramapo	Junior	400M Dash
Camryn Wennersten	Ridgewood	Sophomore	800M Dash
Sophia Schwartz	Ramapo	Senior	200M Dash
Sarah Policano	Ridgewood	Junior	1600M Run
Izzie Anzaldo	Rmapo	Sophomore	1600M Relay
Cortney Lander	Ramapo	Junior	1600M Relay
Sophia Vernieri	Ramapo	Junior	1600M Relay
Sophia Schwartz	Ramapo	Senior	1600M Relay
Sara VandenAssem	Ridgewood	Senior	55M Hurdles
Kayce Darby	Teaneck	Sophomore	55M Dash
Brynn Madonna	Northern Highlands	Junior	Shot
Marisa DiGia	Old Tappan	Senior	Pole Vault
Ellie Veenhof	Ridgewood	Senior	High Jump
Julia Marrone	Hackensack	Senior	Long Jump
Ashley Newell	Teaneck	Senior	Grace Smiechowski
Grace Smiechowski	Northern Highlands	Senior	All Around

2nd Team All-Division

Student-Athlete Name	School	Year	Position
Lauren Judd	Ramapo	Senior	3200M Run
Elizabeth Conklin	Ramapo	Junior	3200M Relay
Carly Griffin	Ramapo	Freshman	3200M Relay
Megan Schneider	Ramapo	Junior	3200M Relay
Cortney Lander	Ramapo	Junior	3200M Relay
Molly Bennett	Northern Highlands	Sophomore	400M Dash
Grace McCullough	Teaneck	Junior	800M Dash
Cortney Lander	Ramapo	Junior	200M Dash
Lily Williams	Ridgewood	Sophomore	1600M Run
Kimberly Grullon	Hackensack	Junior	1600M Relay
Zharia Scott	Hackensack	Junior	1600M Relay
Shanice Murray	Hackensack	Senior	1600M Relay
Julia Morrone	Hackensack	Senior	1600M Relay
Christina Hughes	Northern Highlands	Junior	55M Hurdles
Shanice Murray	Hackensack	Senior	55M Dash
Mackenzie Schieli	Hackensack	Senior	Shot
Randi Conroy	Northern Highlands	Senior	Pole Vault
Bella Conway	Ramapo	Senior	High Jump
Zharia Scott	Hackensack	Junior	Long Jump
Nicole Waletzki	Northern Highlands	Senior	Triple Jump

Honorable Mention All-Division

Student-Athlete Name	School	Year
Nicoletta Venizelos	Ridgewood	Senior
Daisy Liljegren	Northern Highlands	Senior
Lindsay Arone	Ramapo	Junior
Taylor Thornton	Old Tappan	Senior
Sunny Yoo	Paramus	Junior

Coach of the Year: _____ **Pat Ryan** _____ **School:** _____

