



**American**  
**Girls Indoor Track & Field**  
**2019-2020**

**1st Team All-Division**

Student-Athlete Name	School	Year	Position
Sylvie Najarian	Pascack Hills	Junior	3200M Run
Sara Capuano	Ramsey	Freshman	3200M Relay
Ella Landel	Ramsey	Freshman	3200M Relay
Zoey Sailer	Ramsey	Freshman	3200M Relay
Katherine Ascencio	Ramsey	Junior	3200M Relay
Claire O'Keeffe	Ramsey	Junior	400M Dash
Maya Bender	Ramsey	Senior	800M Dash
Kate Lukaszcyk	Westwood	Senior	200M Dash
Kaitlyn Garofalo	Ramsey	Junior	1600M Run
Carolyn Coletti	Ramsey	Senior	1600M Relay
Erica Gjini	Ramsey	Senior	1600M Relay
Katelyn Bergen	Ramsey	Junior	1600M Relay
Sophie Cunningham	Ramsey	Junior	1600M Relay
Julia D'Amico	Ramsey	Junior	55M Hurdles
Sanai Bryant	Dumont	Sophomore	55M Dash
Rawan Dahhan	Ridgefield Park	Sophomore	Shot
Julia Dakwar	Ramsey	Senior	Pole Vault
Kaia Paulsen	Pascack Hills	Senior	High Jump
Emily Grubb	Ramsey	Senior	Long Jump
Holly Chappell	Mahwah	Senior	Jada Carroll
Jada Carroll	Ridgefield Park	Senior	All Around

**2nd Team All-Division**

Student-Athlete Name	School	Year	Position
Kelsey Pereira	Cliffside Park	Junior	3200M Run
Veronica Calderon	Cliffside Park	Senior	3200M Relay
Samantha Arcila	Cliffside Park	Junior	3200M Relay
Nelda Martinez	Cliffside Park	Senior	3200M Relay
Estela Aguilar	Cliffside Park	Junior	3200M Relay
Brianna Garger	Westwood	Senior	400M Dash
Miranda Luo	Pascack Hills	Senior	800M Dash
Sydney Powers	Mahwah	Senior	200M Dash
Cleo Simeonidis	Westwood	Senior	1600M Run
Kate Lukaszcyk	Westwood	Senior	1600M Relay
Brianna Garger	Westwood	Senior	1600M Relay
Emily Recchia	Westwood	Junior	1600M Relay
Lindsey Sirois	Westwood	Senior	1600M Relay
Robin Koo	Fort Lee	Freshman	55M Hurdles
Daniella Torres	Ridgefield Park	Junior	55M Dash
Siris Heredia	Fort Lee	Junior	Shot
Corinne Bunagan	Ramsey	Junior	Pole Vault
Kristin Lloyd	Ramsey	Senior	High Jump
Kendall Cabellero	Fort Lee	Senior	Long Jump
Arianna Martinez	Cliffside Park	Junior	Triple Jump

**Honorable Mention All-Division**

Student-Athlete Name	School	Year
Casey Lopez	Dumont	Senior
Emily Cabrera	Ridgefield Park	Senior
Madison Reyes	Fort Lee	Senior
Maya Winger	Ramsey	Sophomore
Allie Canciani	Pascack Hills	Senior
Meghan O'Malley	Westwood	Junior
Alexandra Klanke	Mahwah	Freshman
Tasnim Eissa	Cliffside Park	Sophomore

**Coach of the Year:**

Matthew Wynne

**School:**

Ramsey

