



**Freedom**  
**Girls Cross Country**  
**2019**

**1st Team All-Division**

| <b>Student-Athlete Name</b> | <b>School</b>      | <b>Year</b> |
|-----------------------------|--------------------|-------------|
| Lauren Judd                 | Ramapo             | Senior      |
| Holly Latz                  | Old Tappan         | Sophomore   |
| Olivia Shattuck             | Ridgewood          | Sophomore   |
| AnnaMarie Tretola           | Ridgewood          | Sophomore   |
| Lily Williams               | Ridgewood          | Sophomore   |
| Jessica Reilly              | Northern Highlands | Sophomore   |
| Francesca Proto             | Old Tappan         | Junior      |
| Sarah Policano              | Ridgewood          | Junior      |

**2nd Team All-Division**

| <b>Student-Athlete Name</b> | <b>School</b>      | <b>Year</b> |
|-----------------------------|--------------------|-------------|
| Brianna Braver              | Ramapo             | Freshman    |
| Grace McCullough            | Teaneck            | Junior      |
| Juliana Mercurio            | Northern Highlands | Senior      |
| Sydney Schildiner           | Northern Highlands | Sophomore   |
| Lucia Rabolli               | Ridgewood          | Sophomore   |
| Olivia DeLorenzo            | Northern Highlands | Junior      |
| Natalie Jackson             | Ramapo             | Sophomore   |
| Alexandra Meeks             | Old Tappan         | -           |

**Honorable Mention All-Division**

| <b>Student-Athlete Name</b> | <b>School</b>      | <b>Year</b> |
|-----------------------------|--------------------|-------------|
| Kim Grullon                 | Hackensack         | Junior      |
| Hannah Mathew               | Northern Highlands | Sophomore   |
| Minsoe Bae                  | Old Tappan         | Senior      |
| Emily Puentes               | Paramus            | Senior      |
| Natalie Jackson             | Ramapo             | Sophomore   |
| Claire Hamlet               | Ridgewood          | Junior      |
| Dominique Greaux-Gist       | Teaneck            | Junior      |

**Coach of the Year:** Steve Opremcak **School:** Ridgewood

