



Freedom

Girls Cross Country

2019

1st Team All-Division

Student-Athlete Name	School	Year
Lauren Judd	Ramapo	Senior
Holly Latz	Old Tappan	Sophomore
Olivia Shattuck	Ridgewood	Sophomore
AnnaMarie Tretola	Ridgewood	Sophomore
Lily Williams	Ridgewood	Sophomore
Jessica Reilly	Northern Highlands	Sophomore
Francesca Proto	Old Tappan	Junior
Sarah Policano	Ridgewood	Junior

2nd Team All-Division

Student-Athlete Name	School	Year
Brianna Braver	Ramapo	Freshman
Grace McCullough	Teaneck	Junior
Juliana Mercurio	Northern Highlands	Senior
Sydney Schildiner	Northern Highlands	Sophomore
Lucia Rabolli	Ridgewood	Sophomore
Olivia DeLorenzo	Northern Highlands	Junior
Natalie Jackson	Ramapo	Sophomore
Minseo Bae	Old Tappan	Senior

Honorable Mention All-Division

Student-Athlete Name	School	Year
Kim Grullon	Hackensack	Junior
Hannah Mathew	Northern Highlands	Sophomore
Emily Puentes	Paramus	Senior
Natalie Jackson	Ramapo	Sophomore
Claire Hamlet	Ridgewood	Junior
Dominique Greaux-Gist	Teaneck	Junior

Coch of the Year: Steve Opremcak

School: Ridgewood

