

BIG NORTH CONFERENCE

FOOTBALL RULES AND REGULATIONS

1. Games:

- a. **Varsity Games** start at 1 PM / 1:30PM on Saturday, 10:30 am on Thanksgiving, and 7:00 pm on Thursday/Friday/Saturday night. On S.A.T. Saturday's the start time is 2:30 PM. **Game Times** can change when mutually agreement upon by opponents.
- b. Schools wishing to use portable light for a night contest may do so by mutual agreement.
- c. Freshman Saturday games start at 9:30 am.
- d. Freshman and JV games after school start at 4:15 pm.
- e. Freshman and JV games after school after Standard Time start at 3:30 pm.
 - 1) Length of quarters
 - Varsity games 12 minutes
 - JV games 10 minutes
 - Freshman games 10 minutes
 - 2) Pre-Game
 - All football players must leave the field 15 minutes prior to kick off
 - Visiting Team's band enters the field at 15 minutes prior to kick-off
 - Coin flip is done officially at 2 minutes prior to kick off
 - 3) Halftime
 - Clock should be set to run 20 minutes and run after teams leave the field
 - Visiting team band play before the contest, they play the Anthem
 - Home team band has the half-time performance
 - Cheerleaders have 3 minutes (1 ½ minutes for each team)
- f. Freshmen and JV games are played at the opposite site of the Varsity game

2. Postponements:

- a. Home team makes decision minimally 3 hours prior to kick off...
- b. Make-up dates:
 - First date:** Friday Night to Saturday time to be determine by home team.
Sunday by mutual agreement - game-time 1:30 pm.
Monday following Saturday - game time 2:30 pm.
After Standard Time - 2:00 pm.
 - Second date:** Tuesday following Saturday - game time 2:30 pm
After Standard Time - 2:00 pm
 - Thanksgiving:** Friday postponement to Saturday

If a team is in the playoffs, Thursday may go to Saturday, if mutually agreed upon.

c. Postponed Freshman games:

First date: Frosh moves to Monday **the same site as the Varsity contest**. JV remains the opposite site of the Varsity Contest.

Second date: Tuesday opposite site of the Varsity Contest.

d. Postponed JV games: will be played by mutual agreement of both schools or cancelled.

3. All **Big North Cards** and **BCCA/PCCA** county membership cards will be honored.

4. Scouting football coaches from the **Big North** schools will be admitted free with a **Big North Conference Pass ONLY**.

5. Film Exchange and Scouting:

a. DVDs or tapes from any two games of choice are to be exchanged. The exchange should take place on the Saturday prior to the game but must take place by 8 AM Sunday morning.

b. Pre-season scouting: Coaches will be allowed to scout all of their opponent's scrimmages. Teams that have unusual circumstances pertaining to their opening game must contact their first opponent regarding those circumstances.

6. **Phoning in results:** The winning team will be responsible to report the results to the newspapers, unless otherwise agreed.

7. Pre and Post Season meetings:

a. The pre-season meeting will be held on the last week in August with all fall sports at the Sportsmanship Meeting.

b. The post-season meeting will held on the first Tuesday after Thanksgiving.

8. The Junior Varsity and freshmen teams wear the same color jersey as the Varsity.

9. All Team Rosters should be forwarded to each school on your schedule on the Monday prior to your opening game. Rosters must be in numerical order and include the players' name, height, weight, position and grade.

Divisional Standings and All-Division Teams

Divisional Standings: Divisional champions are the schools with the best record in the division. Crossover games do not count in division standings.

All-Division Teams: First team offense will consist of 1 tight end, 3 wide receivers, 2 guards, 2 tackles, 1 center, 3 running backs, 2

quarterbacks and one place kicker. Second team offense will consist of 1 tight end, 1 wide receiver, 2 guards, 2 tackles, 1 center, 3 running backs, 1 quarter back and 1 place kicker.

First team defense will consist of 5 linemen, 4 linebackers, 4 defensive backs, 1 punter, and one kick returner. Second team will consist of 4 linemen, 4 linebackers, 3 defensive backs, 1 punter and one kick returner.

A maximum of two players from each school will be named in each division to honorable mention.

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MARCHING BAND AND HALF-TIME PROCEDURES

20 MINUTE PLUS 3- MINUTE TEAM WARM-UP

1. Meetings of the league marching band directors will be scheduled prior to the end of the school year if necessary.
2. The "home" marching band director will be responsible for coordination of band activities and will confer with the visiting band director to coordinate entrance, exit, and performance procedures.

3. When both bands are present, the home band will perform in the stands between the first and second quarters, the visiting band will perform in the stands between the third and fourth quarters.
4. The half-time clock will run 20 minutes. When two bands are performing the Visitors will perform before the contest and play the Home team National Anthem from the stands... The Home team will play at halftime... The both team Cheerleading tams may perform for 1 ½ -minutes each after the band exits the field.
5. To assure that the band can start their performance in a timely fashion, the football teams, their support personnel and their equipment must clear the field at the half as expeditiously as possible. The 20- minute half-time clock should start as soon as the last player exits the field.
6. The PA announcer should read any prepared announcements immediately as the first band enters the field. Bands should not delay their performance to wait for announcements.
7. Each cheerleading team may perform no longer than 1-½ minutes, including entrance and exit, following the presentation of the Home band.
8. After 20 minutes, football teams may proceed to the end zone or other appropriate area for warm-up prior to starting the second half. Care should be taken not to interfere with the band performance.

Amended and Dated May 20, 2010